

Time Trial Top 10 Leader Board

Wednesday, 30 January 2019



Fastest 5KM Latest (Female)	
Kristy McCarthy	23:44
Robyn Kock	24:54
Nazly Selling	26:01
Tayla Duir	28:06
Lozitha Mahlangu	29:00
Yolande Springer	29:35
Lynelle Rossmann	30:57
Deborah Van Wyk	31:51
Theresa Moalusi	32:28
Gillian Denempont	32:28

Fastest 8KM Latest (Female)	
Nombong Matolengwe	46:54
Lissa Parsons	48:08
Tarin Penberthy	50:30
Susan Wilkins	54:01
Marilyn Dickens	54:08

Most Attended	
Cindy O'Neil	11
Matthew Pantland	11
Benjamin O'Neil	10
Marlon Yusuf	10
Gareth Reddel	10
Jacques Bornman	9
Bronwyn Gardiner	9
Julia Barnett	9
Nathan Mooi	9
Clinton Posen	9
Tony Waters	9
Lerike de Vaal	8
Angela Lang	8
Damian Webster	8
Nazly Selling	8
Judy Viljoen	8
Kai Kohler	8
Gillian Denempont	8
Fiona Maynard	7
Monique Bradbrooke	7
Saydean Meadows	7
Elrisia Roux	7

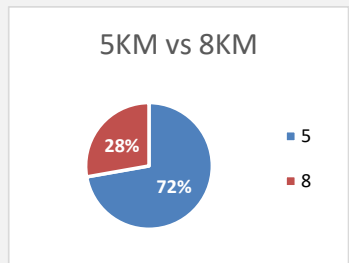
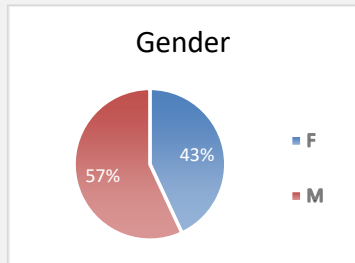
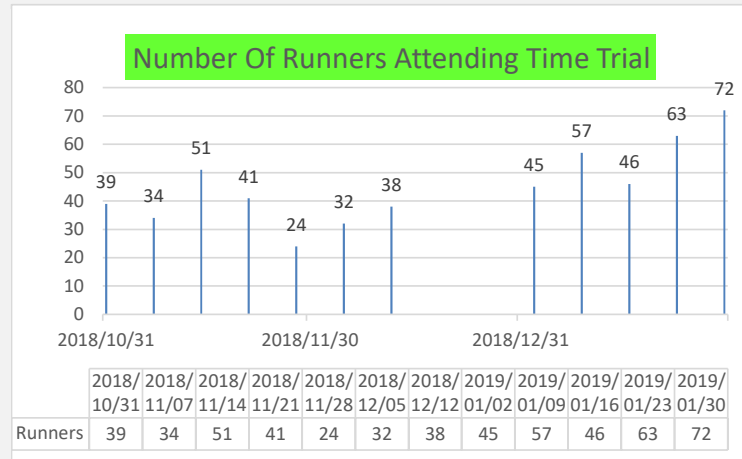
Fastest 5KM Overall (Female)	
Kristy McCarthy	23:44
Phia Swartz	24:00
Sue Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15
Louise Vincent	25:22
Lunga Mlandu	25:53

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Monique Bradbrooke	38:42
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Fikile Shabangu	46:00
Yushaa Abrahams	46:15

Fastest 5KM Latest (Male)	
Muhammad Bhamjee	21:59
Peter Stainton	22:31
Kiera Stainton	23:27
Nathan Mooi	24:01
Clinton Posen	24:35
Douglas Bafford	25:04
Jacques Wijtman	25:10
Fordel Peters	25:30
Rob Green	26:18
Matt Smit	27:56

Fastest 8KM Latest (Male)	
Kary Kohler	33:02
Glenn Gess	38:05
Dawid Van Coller	38:21
Stan Andrews	39:44
Bryan Richards	40:23
Ruan Todd	42:48
Marlon Yusuf	42:53
Alfie Venter	42:53
Gareth Reddel	43:38
Ryno Swiegers	44:20

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Kary Kohler	19:30
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Ian Cloete	21:25
Tymon Minnaar	21:30
Jean Basson	21:34
Muhammad Bhamjee	21:59
Nathan Mooi	22:00



Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongoo	33:18
Kai Kohler	34:04
Piet Mathebula	34:15
Seshophe Mabote	35:00
Frank Kienhofer	35:25
Andrew Currie	35:44

Weather Coditions

28°C