

Time Trial Top 10 Leader Board

Wednesday, 06 February 2019



Fastest 5KM Latest (Female)	
Gayle Macpherson	26:16
Fikile Shabangu	26:16
Nabeelah Coovadja	26:38
Shadi Motlatla	28:39
Kimberly O Neil	28:41
Min Cross	29:06
Elrisia Roux	29:13
Lorelle Stewart	29:20
Theresa Moalusi	31:30
Kirstin Dinham	31:40

Fastest 8KM Latest (Female)	
Faith Tizora	47:58
Hettie Kruger	49:29
Yvette Papas	52:10
Catherine McAlinden	53:57
Robyn Wilson	53:57
Adele le Roux	54:35

Most Attended	
Matthew Pantland	12
Cindy O'Neil	11
Gareth Reddel	11
Benjamin O'Neil	11
Marlon Yusuf	11
Thomas O Connor	10
Jacques Bornman	10
Clinton Poson	10
Nathan Mooi	10
Bronwyn Gardiner	9
Julia Barnett	9
Tony Waters	9
Nazly Selling	8
Monique Bradbrooke	8
Fiona Maynard	8
Kai Kohler	8
Judy Viljoen	8
Lerike de Vaal	8
Angela Lang	8
Elrisia Roux	8
Gillian Denempont	8
Marilyn Dickens	7

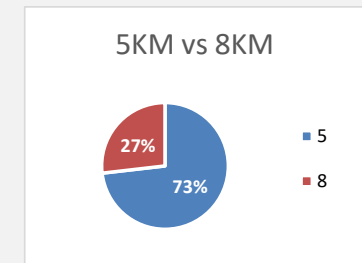
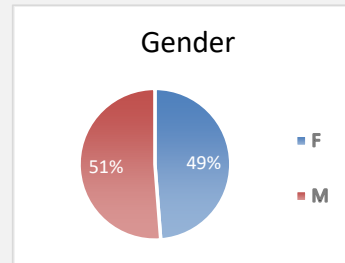
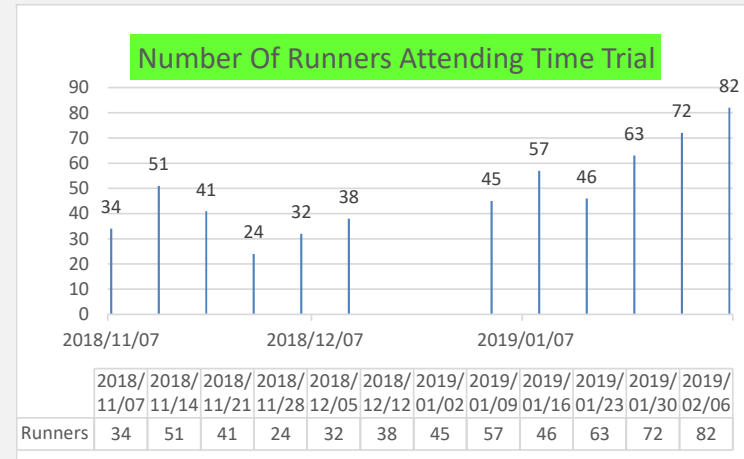
Fastest 5KM Overall (Female)	
Kristy McCarthy	23:44
Phia Swartz	24:00
Sue Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15
Louise Vincent	25:22
Lunga Mlandu	25:53

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Monique Bradbrooke	38:42
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Fikile Shabangu	46:00
Yushaa Abrahams	46:15

Fastest 5KM Latest (Male)	
Muhammad Bhamjee	21:25
Busisani Sibiyi	21:46
Nathan Mooi	23:46
Douglas Bafford	24:25
Jacques Wijtman	24:30
Darren Braam	25:32
Paul Elliott	26:55
Gary Gordon	27:20
Bernard Dickens	27:35
Richard Lomax	27:45

Fastest 8KM Latest (Male)	
Piet Mathebula	34:42
Schalk Greyling	34:55
Silas Phosheko	36:10
Daniel van de Walt	39:19
Marlon Yusuf	39:45
Ryan Todd	41:19
Glenn Gess	41:24
Alistair Cronk	42:29
Ryno Swiegers	44:07
Clinton Poson	44:34

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Kary Kohler	19:30
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30
Jean Basson	21:34
Busisani Sibiyi	21:46



Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongoo	33:18
Kai Kohler	34:04
Piet Mathebula	34:15
Schalk Greyling	34:55
Seshophe Mabote	35:00
Frank Kienhofer	35:25

