

Time Trial Top 10 Leader Board

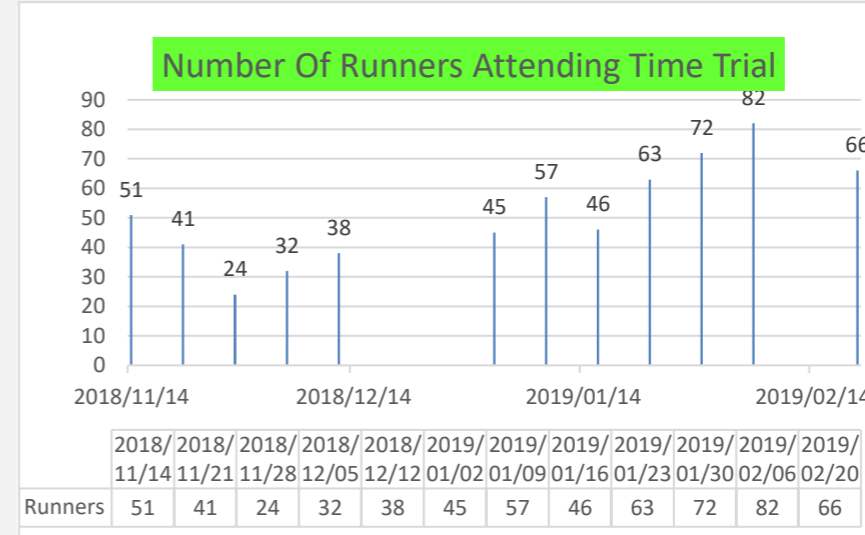
Wednesday, 20 February 2019



Fastest 5KM Latest (Female)	
Ankia Keinhofer	26:06
Bronwyn Gardiner	26:19
Nombong Matolengwe	26:25
Terri-Anne Boers	28:42
Caitlin Ellis	28:59
Kimberly O Neil	29:03
Elrisia Roux	29:48
Heather Adams	30:07
Sunelle Louw	30:35
Michelle van Zyl	31:00

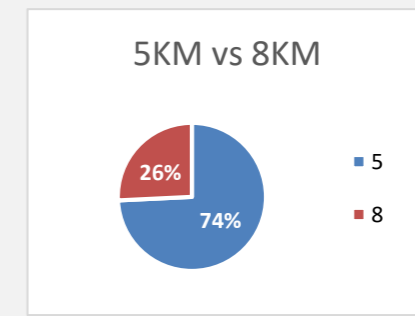
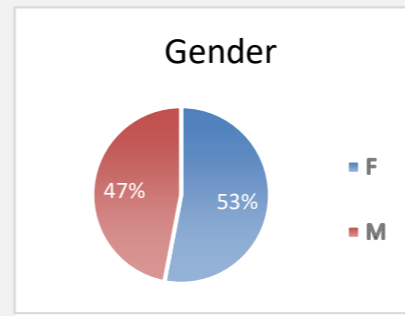
Fastest 8KM Latest (Female)	
Debbie Watt	54:11
Keebogile Matheatsie	59:01

Most Attended	
Gareth Reddel	12
Cindy O'Neil	12
Matthew Pantland	12
Benjamin O'Neil	12
Marlon Yusuf	12
Clinton Poson	11
Nathan Mooi	11
Thomas O Connor	11
Bronwyn Gardiner	10
Jacques Bornman	10
Julia Barnett	9
Lerike de Vaal	9
Nazly Selling	9
Damian Webster	9
Tony Waters	9
Gillian Denempont	9
Nicus Oosthuizen	8
Ethan Oneil	8
Monique Bradbrooke	8
Clive Duncan	8
Fiona Maynard	8
Judy Viljoen	8



Fastest 5KM Overall (Female)	
Kristy McCarthy	23:44
Phia Swartz	24:00
Sue Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15
Louise Vincent	25:22
Lunga Mlandu	25:53

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Monique Bradbrooke	38:42
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Fikile Shabangu	46:00
Yushaa Abrahams	46:15



Fastest 5KM Latest (Male)	
Nathan Mooi	23:01
Douglas Bafford	24:20
Ryno Swiegers	26:54
Collis Hardnick	26:55
Christian Kritzinger	27:49
Joggie Viljoen	28:00
Clive Duncan	28:30
Ethan Oneil	28:47
Nicus Oosthuizen	29:38
Richard Lomax	29:44

Fastest 8KM Latest (Male)	
Piet Mathebula	33:38
Silas Phosheko	36:40
Alfie Venter	38:23
Bryan Richards	38:30
Marlon Yusuf	39:59
Daniel van de Walt	41:06
Ryan Todd	41:29
Derik Le Grange	41:29
Clinton Poson	42:56
Gareth Reddel	43:14

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Kary Kohler	19:30
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30
Jean Basson	21:34
Busisani Sibiyi	21:46

Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Schalk Greyling	34:55
Seshophe Mabote	35:00
Frank Kienhofer	35:25

