

# Time Trial Top 10 Leader Board

Wednesday, 13 March 2019



Fastest 5KM Latest (Female)	
Danielle Lopes	24:57
Shannon Moore	26:59
Elrisia Roux	28:27
Lynette Delport	28:44
Claire Zylstra	28:49
Sunelle Louw	29:00
Kirstin Dinham	29:08
Fiona Maynard	31:17
Nicole Dickens	31:20
Debbie Watt	31:36

Fastest 8KM Latest (Female)	
Kimberly O Neil	47:45
Rita Loots	49:27
Charleen Born	49:43
Sue Ottley	51:40
Nobotwe Mugeru	53:55
Cindy ONeil	58:12
Nazly Selling	59:59

Most Attended	
Matthew Pantland	15
Cindy ONeil	15
Marlon Yusuf	14
Gareth Reddel	14
Benjamin ONeil	14
Clinton Poson	14
Thomas O Connor	13
Nathan Mooi	12
Elrisia Roux	12
Nazly Selling	11
Damian Webster	11
Jacques Bornman	10
Bronwyn Gardiner	10
Ryno Swiegers	10
Judy Viljoen	10
Clive Duncan	10
Cheffley Watt	10
Angela Lang	10
Gillian Denempont	10
Errol McCauley	10
Fiona Maynard	10
Lerike de Vaal	9

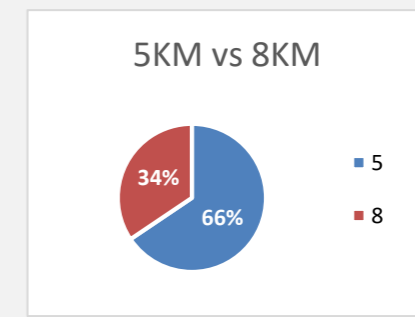
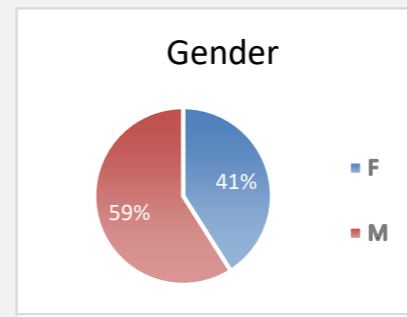
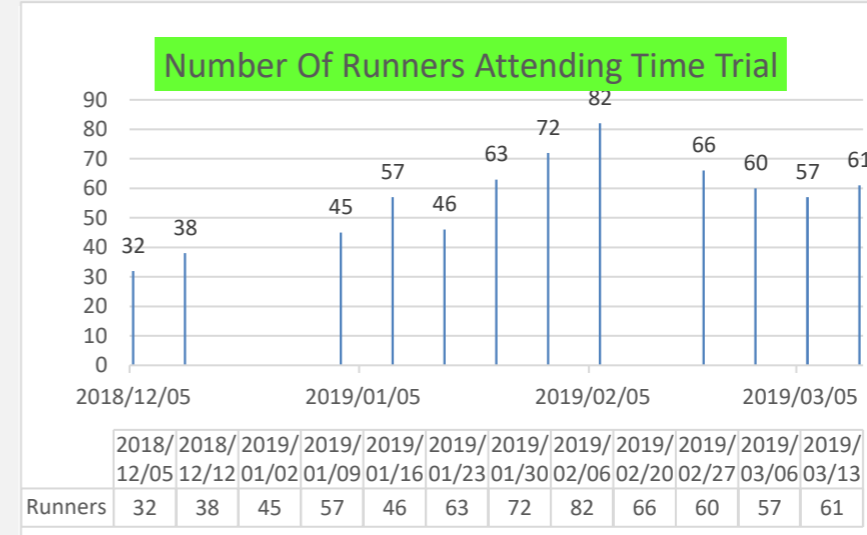
Fastest 5KM Overall (Female)	
Kristy McCarthy	23:44
Phia Swartz	24:00
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15
Louise Vincent	25:22

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Marcel Wilken	38:27
Monique Bradbrooke	38:42
Kimberly O Neil	38:45
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49

Fastest 5KM Latest (Male)	
Jacob Molenaar	22:49
Alistair Cronk	25:18
Ryno Swiegers	26:16
Nathan van den Berg	26:54
Collis Hardnick	27:20
Matt Smit	28:03
Nicus Oosthuizen	28:33
Richard Lomax	28:45
Clive Duncan	29:20
Nick Loots	29:29

Fastest 8KM Latest (Male)	
Piet Mathebula	34:45
Busisani Sibiyi	36:48
Bryan Richards	39:10
Clinton Poson	40:19
Keenan Visser	42:22
Douglas Bafford	42:32
Daniel Born	44:26
Bernard Dickens	46:06
Benjamin ONeil	48:32
Damian Webster	49:10

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Kary Kohler	19:23
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30
Jean Basson	21:34
Busisani Sibiyi	21:46



Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Schalk Greyling	34:55
Seshophe Mabote	35:00

### Weather Coditions

28°C