

Time Trial Top 10 Leader Board

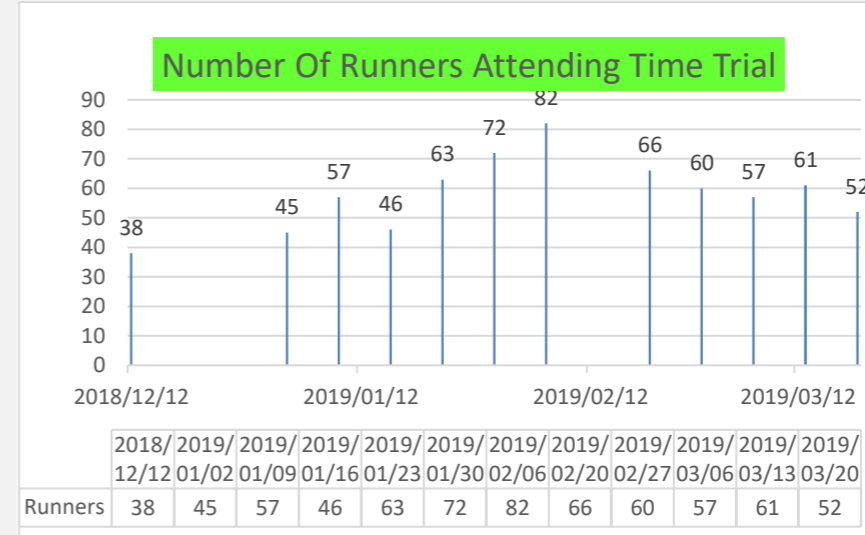
Wednesday, 20 March 2019



Fastest 5KM Latest (Female)	
Elrisia Roux	28:12
Kimberly O Neil	28:27
Nazly Selling	30:47
Lozitha Mahlangu	33:30
Fiona Maynard	34:03
Cindy O'Neil	34:08
Monique Bradbrooke	35:10
Leigh Hill	35:58
Nicole Dickens	36:37
Jessica Jacobs	37:35

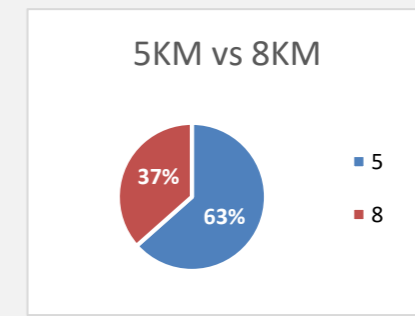
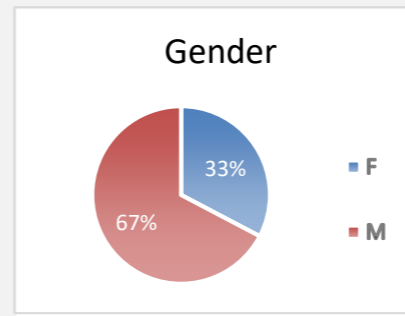
Fastest 8KM Latest (Female)	
Fikile Shabangu	45:11
Faye Tizora	49:29
Deidre Wilson	51:56
Mandi Baard	58:08

Most Attended	
Matthew Pantland	16
Cindy O'Neil	16
Benjamin O'Neil	15
Gareth Reddel	15
Thomas O'Connor	14
Clinton Poson	14
Marlon Yusuf	14
Elrisia Roux	13
Damian Webster	12
Nathan Mooi	12
Nazly Selling	12
Judy Viljoen	11
Ethan Oneil	11
Errol McCauley	11
Fiona Maynard	11
Piet Mathebula	10
Ryno Swiegers	10
Clive Duncan	10
Jacques Bornman	10
Nicus Oosthuizen	10
Cheffley Watt	10
Gillian Denempont	10



Fastest 5KM Overall (Female)	
Kristy McCarthy	23:44
Phia Swartz	24:00
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15
Louise Vincent	25:22

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Marcel Wilken	38:27
Monique Bradbrooke	38:42
Kimberly O Neil	38:45
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Fikile Shabangu	45:11



Fastest 5KM Latest (Male)	
Nathan Amos	20:15
Kai Kohler	21:09
Damian Webster	26:00
Bernard Dickens	27:20
Seshophe Mabote	27:25
Neil Chirindo	27:49
Richard Lomax	28:20
Ethan Oneil	28:27
Joggie Viljoen	28:40
Matthew Pantland	29:06

Fastest 8KM Latest (Male)	
Piet Mathebula	35:58
Glenn Gess	37:18
Busisani Sibiya	38:30
Daniel van de Walt	40:42
Keenan Visser	42:35
Nico Mulder	42:35
Gareth Reddel	44:31
Joseph Maartens	45:46
Brian Grobbelaar	45:46
Errol McCauley	46:35

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Kary Kohler	19:23
Devin Vincent	20:10
Nathan Amos	20:15
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30
Jean Basson	21:34

Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Schalk Greyling	34:55
Seshophe Mabote	35:00

Weather Coditions

28°C