

Time Trial Top 10 Leader Board

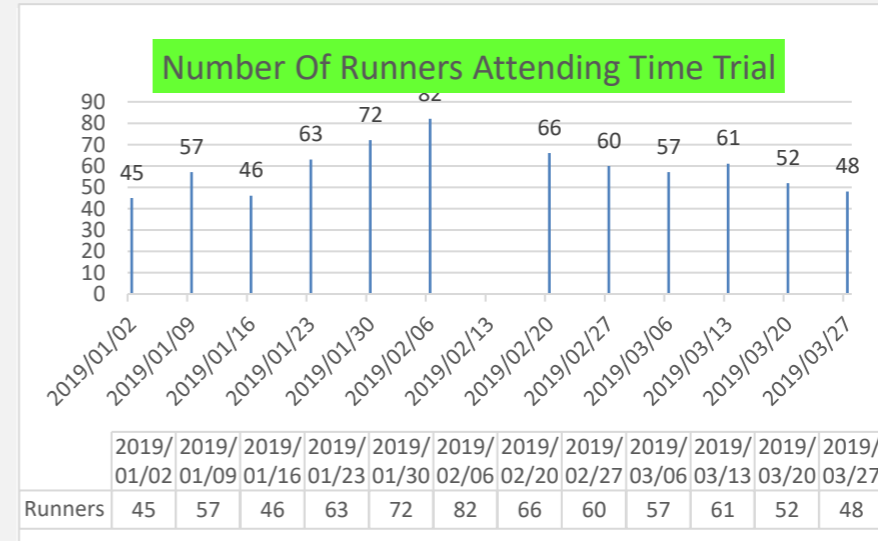
Wednesday, 27 March 2019



Fastest 5KM Latest (Female)	
Lauren Felton	22:09
Elrisia Roux	25:53
Sunelle Louw	27:59
Terri-Anne Boers	28:40
Kimberly O Neil	28:48
Nazly Selling	30:05
Catherine McAlinden	30:37
Louise Williams	30:47
Deidre Wilson	31:34
Marilyn Dickens	31:54

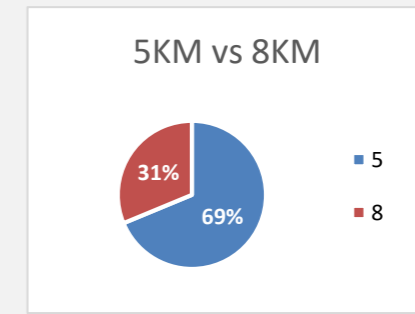
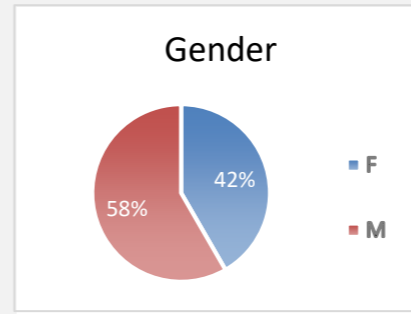
Fastest 8KM Latest (Female)	
Maree Wilken	38:40
Faye Tizora	50:36
Gillian Denempont	50:51
Nobotwe Mugeru	52:53
Fiona Maynard	52:59

Most Attended	
Matthew Pantland	17
Cindy O'Neil	17
Gareth Reddel	16
Benjamin O'Neil	16
Marlon Yusuf	15
Thomas O Connor	15
Clinton Poson	14
Elrisia Roux	14
Nazly Selling	13
Damian Webster	13
Angela Lang	12
Fiona Maynard	12
Judy Viljoen	12
Ethan Oneil	12
Ryno Swiegers	11
Errol McCauley	11
Gillian Denempont	11
Piet Mathebula	10
Cheffley Watt	10
Collis Hardnick	10
Joggie Viljoen	10
Nicus Oosthuizen	10



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy McCarthy	23:44
Phia Swartz	24:00
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Marcel Wilken	38:27
Maree Wilken	38:40
Monique Bradbrooke	38:42
Kimberly O Neil	38:45
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32



Fastest 5KM Latest (Male)	
Matthew Delpont	19:00
Dale Felton	21:47
Alistair Cronk	23:23
Douglas Bafford	24:36
Richard Lomax	25:35
Ryno Swiegers	25:45
Collis Hardnick	26:02
Bernard Dickens	26:30
Chris Stonall	26:55
Dean Jarvis	28:25

Fastest 8KM Latest (Male)	
Silas Phosheko	36:30
Uys Steyl	40:23
Keith Webster	41:04
Marlon Yusuf	41:04
Keenan Visser	41:05
Gareth Reddel	42:49
Damian Webster	44:50
Benjamin O'Neil	46:38
Russel Bradbrooke	52:59
Shoayb Abrahams	53:51

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Matthew Delpont	19:00
Kary Kohler	19:23
Devin Vincent	20:10
Nathan Amos	20:15
Kai Kohler	20:46
Jensen Geyer	21:04
Ian Cloete	21:25
Muhammad Bhamjee	21:25
Tymon Minnaar	21:30

Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Schalk Greyling	34:55
Seshophe Mabote	35:00

