

# Time Trial Top 10 Leader Board

Wednesday, 03 April 2019



Fastest 5KM Latest (Female)	
Kristy McCarthy	23:01
Nabeelah Coovadja	25:38
Bronwyn Gardiner	26:40
Gillian Denempont	29:31
Louise Williams	29:38
Catherine McAlinden	30:20
Fiona Maynard	30:20
Nazly Selling	30:21
Sunelle Louw	30:48
Marike du Plooy	31:21

Fastest 8KM Latest (Female)	
Kimberly O Neil	47:03
Deidre Wilson	52:03
Melanie Walljee	52:12
Lethabo Mashigo	53:42

Most Attended	
Matthew Pantland	18
Cindy O'Neil	18
Benjamin O'Neil	17
Gareth Reddel	17
Thomas O Connor	16
Marlon Yusuf	15
Clinton Poson	15
Nazly Selling	14
Damian Webster	14
Elrisia Roux	14
Nathan Mooi	13
Judy Viljoen	13
Angela Lang	13
Fiona Maynard	13
Gillian Denempont	12
Ryno Swiegers	12
Errol McCauley	12
Nicus Oosthuizen	11
Bronwyn Gardiner	11
Clive Duncan	11
Collis Hardnick	11
Piet Mathebula	10

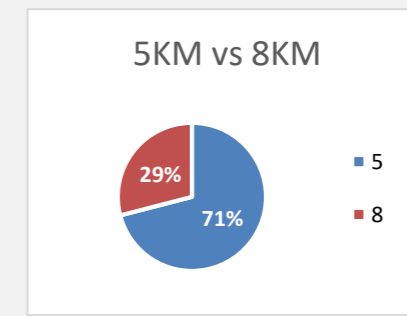
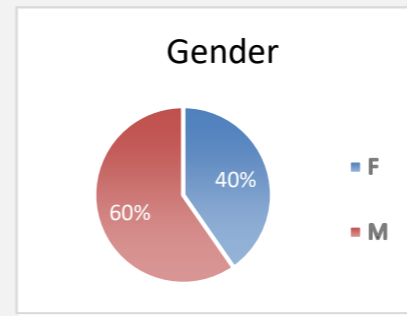
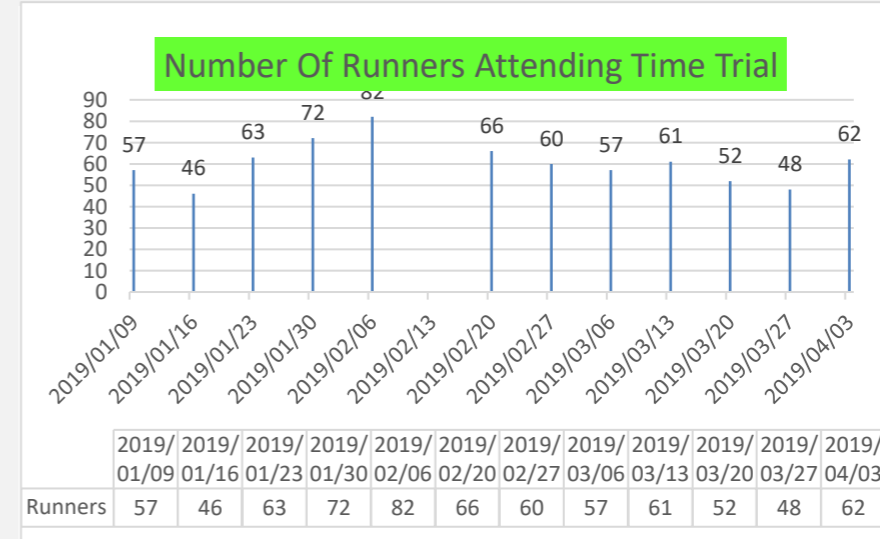
Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy McCarthy	23:01
Phia Swartz	24:00
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00
Ankia Keinhofer	25:05
Sascha Drenellans	25:15

Fastest 8KM Overall (Female)	
Hilda Tameris	33:01
Lynette Cronk	37:24
Marcel Wilken	38:27
Maree Wilken	38:40
Kimberly O Neil	38:45
Elsali Boule	39:50
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Fikile Shabangu	45:11

Fastest 5KM Latest (Male)	
Gary Knight	22:00
Nathan Mooi	22:01
Collis Hardnick	23:04
Stan Andrews	23:40
Jan Kitshoff	24:33
Motwape Patjane	25:39
Damian Webster	26:08
Douglas Bafford	26:23
Errol McCauley	26:45
Jason Diplock	28:27

Fastest 8KM Latest (Male)	
Mark Labouschagne	34:42
Alfie Venter	38:50
Hireh Narsai	39:10
Ben Fourie	39:37
Derik Le Grange	39:38
Gareth Reddel	40:16
Jacob Molenaar	40:32
Keenan Visser	40:33
Ryno Swiegers	41:50
Clinton Poson	41:52

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Matthew Delpont	19:00
Kary Kohler	19:23
Devin Vincent	20:10
Nathan Amos	20:15
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30



Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Rob Green	28:45
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Mark Labouschagne	34:42
Schalk Greyling	34:55

### Weather Conditions

22°C