

# Time Trial Top 10 Leader Board

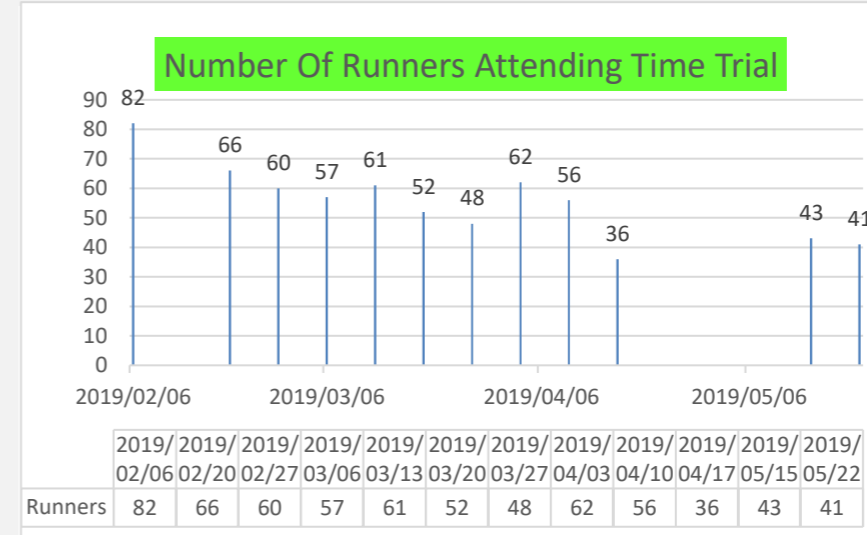
Wednesday, 22 May 2019



Fastest 5KM Latest (Female)	
Fikile Shabangu	25:30
Adriane Kline	27:45
Kimberly O Neil	28:02
Gillian Denempont	30:19
Melani Dirks	31:28
Deidre Wilson	32:15
Cindy O'Neil	32:20
Nicky Viakovsky	33:00
Kimberleigh Jarvis	34:29
Monique Bradbrooke	35:11

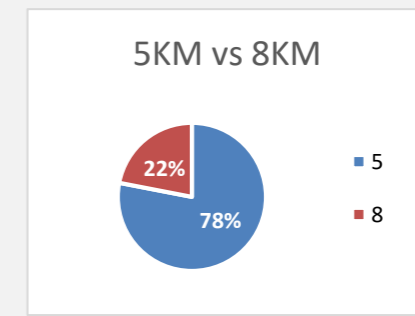
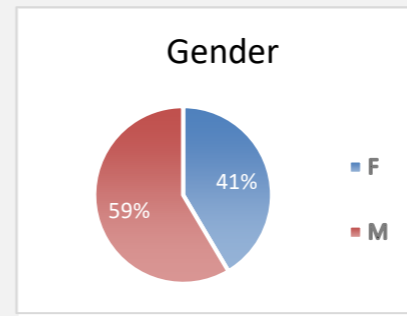
Fastest 8KM Latest (Female)	
Grand Total	00:00

Most Attended	
Matthew Pantland	21
Cindy O'Neil	21
Gareth Reddel	20
Benjamin O'Neil	20
Thomas O Connor	19
Clinton Poson	17
Nazly Selling	16
Damian Webster	16
Elrisia Roux	16
Marlon Yusuf	15
Nicus Oosthuizen	15
Gillian Denempont	15
Judy Viljoen	15
Errol McCauley	15
Ethan Oneil	15
Nathan Mooi	14
Collis Hardnick	14
Fiona Maynard	14
Ryno Swiegers	14
Kimberly O Neil	13
Cheffley Watt	12
Deidre Wilson	12



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:59
Kristy McCarthy	23:01
Phia Swartz	24:00
Julia Barnett	24:12
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Maree Wilken	38:27
Elsali Boule	39:50
Fikile Shabangu	42:20
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Yushaa Abrahams	46:15



Fastest 5KM Latest (Male)	
Nathan Amos	19:20
Guy Drew	25:30
Tyron Anderson	26:59
Chris Dirks	27:00
Collis Hardnick	27:50
Stephan Joubert	27:51
Nicus Oosthuizen	27:55
Ryno Swiegers	28:00
Errol McCauley	28:10
Russel Bradbrooke	29:00

Fastest 8KM Latest (Male)	
Ryan McIntosh	35:15
Kai Kohler	36:03
Kary Kohler	36:06
Alfie Venter	36:55
Jerome Boule	39:25
Yusuf Banoo	40:45
Cliff Alexander	41:13
Glenn Gess	41:33
Clinton Poson	55:00

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Matthew Delport	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30

Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Mark Labouschagne	34:42
Schalk Greyling	34:55
Seshophe Mabote	35:00

