

# Time Trial Top 10 Leader Board

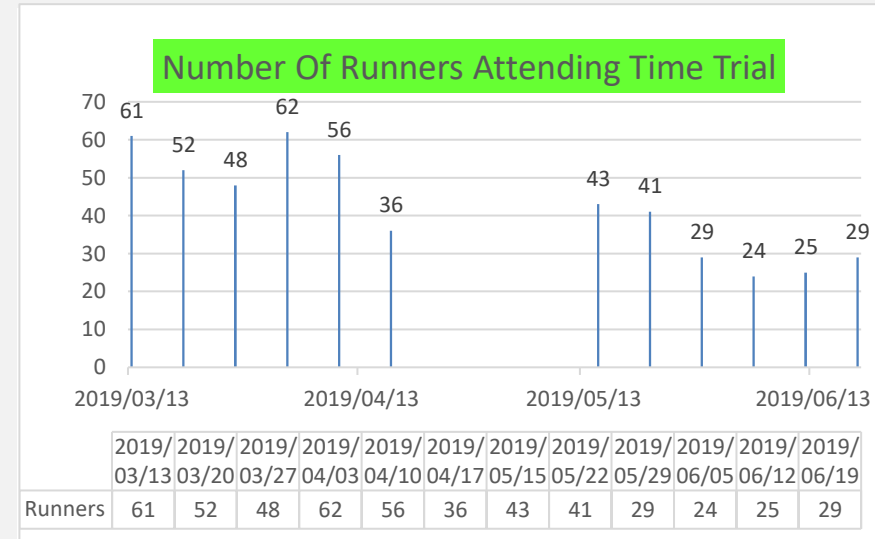
Wednesday, 19 June 2019



Fastest 5KM Latest (Female)	
Gillian Denempont	28:00
Fiona Maynard	29:39
Kimberly O Neil	32:20
Kimberleigh Jarvis	33:01
Monique Bradbrooke	36:50
Estelle Le Roux	36:52
Caitlin Irvine-Smith	39:55
Kerryn Cowper	39:55
Adele le Roux	40:00
Pat Gess	40:00

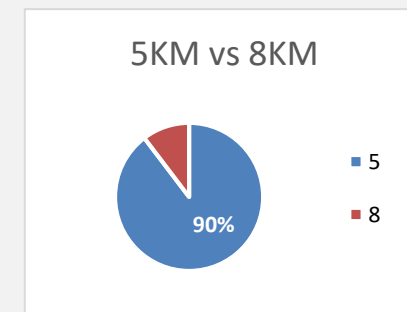
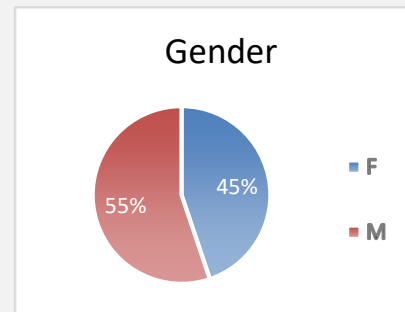
Fastest 8KM Latest (Female)	
Cindy O'Neil	54:01

Most Attended	
Cindy O'Neil	25
Benjamin O'Neil	24
Matthew Pantland	23
Gareth Reddel	22
Thomas O Connor	22
Damian Webster	18
Ethan Oneil	18
Nazly Selling	17
Clinton Posen	17
Errol McCauley	17
Collis Hardnick	16
Fiona Maynard	16
Elrisia Roux	16
Gillian Denempont	16
Kimberly O Neil	15
Judy Viljoen	15
Marlon Yusuf	15
Dean Jarvis	15
Angela Lang	15
Monique Bradbrooke	14
Ryno Swiegers	14
Nathan Mooi	14



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:59
Kristy McCarthy	23:01
Phia Swartz	24:00
Julia Barnett	24:12
Soretha Venter	24:36
Leuven Felton	24:53
Robyn Kock	24:54
Danielle Lopes	24:57
Wicean vd Westhuizen	25:00

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Maree Wilken	38:27
Elsali Boule	39:50
Fikile Shabangu	42:20
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Yushaa Abrahams	46:15



Fastest 5KM Latest (Male)	
Geordan Harris	25:46
Guy Drew	25:50
Jacques Bornman	26:59
Dean Jarvis	27:30
Bernard Dickens	27:40
Niels Oosthuizen	29:22
Charles Grant	29:32
Russel Bradbrooke	29:39
Matthew Pantland	30:13
Ethan Oneil	32:20

Fastest 8KM Latest (Male)	
Douglas Bafford	45:48
Benjamin O'Neil	56:32

Fastest 5KM Overall (Male)	
Duane Rabie	18:30
Matthew Delpont	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Muhammad Bhamjee	21:25
Ian Cloete	21:25
Tymon Minnaar	21:30

Fastest 8KM Overall (Male)	
Thabisang Mabale	25:32
Sandile Bikana	29:11
Handsome Siwela	30:00
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Mark Labouschagne	34:42
Jerome Boule	34:47
Schalk Greyling	34:55

