

Time Trial Leader Board - All Results 5KM

Date **Wednesday, 10 July 2019**



Min of Time	Column Labels
Row Labels	5
Henri Swarts	24:03
Russel Bradbrooke	25:33
Errol Cadle	26:39
Seshophe Mabote	27:15
Chris Dirks	27:30
Joy Tupholme	27:46
Dean Jarvis	28:23
Elrisia Roux	28:55
Julia Barnett	29:12
Saydean Meadows	29:12
Charles Grant	29:30
Lozitha Mahlangu	29:43
Candis Lubbe	29:51
Cheffley Watt	29:56
Sarah Silber	29:56
Jeffrey Forsyth	29:57
Bryan Forsyth	30:26
Fiona Maynard	30:29
Nazly Selling	31:00
Harold Smit	31:16
Matt Smit	31:16
Eugene Pfister	31:20
Harley Allkins	31:20
Thamsanga Moyo	31:27
Moira Goatley	31:35
Russel Pratt	31:35
Ethan Oneil	31:40
Zain Mahlangu	31:40
Megan Rocher	31:52
Monique Bradbrooke	32:33
Helen Gent	34:00
Estelle Le Roux	35:21
Cindy ONeil	36:47
Sharlene Meeding	37:00
Nakita Oosthuizen	38:10
Ilhaam Osman	38:12
Bronwyn Van Rooyen	40:00
Lance Van Rooyen	40:00