

Time Trial Top 10 Leader Board

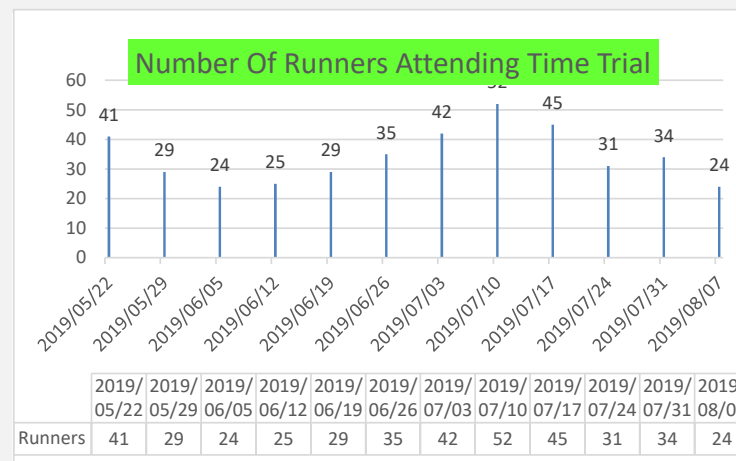
Wednesday, 07 August 2019



Fastest 5KM Latest (Female)	
Joy Tupholme	24:47
Monique Bradbrooke	34:23
Estelle Le Roux	35:05
Helen Gent	35:15
Adele le Roux	36:09
Tracey McKay	39:51

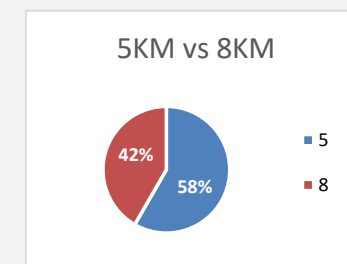
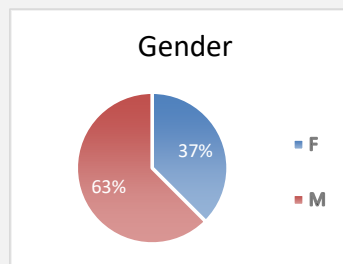
Fastest 8KM Latest (Female)	
Kimberly O Neil	49:46
Faith Tizora	54:30
Cindy ONeil	56:50

Most Attended	
Cindy ONeil	32
Benjamin ONeil	31
Gareth Reddel	29
Thomas O Connor	28
Matthew Pantland	27
Ethan Oneil	23
Errol McCauley	23
Nazly Selling	22
Dean Jarvis	21
Monique Bradbrooke	21
Kimberly O Neil	21
Russell Bradbrooke	19
Marlon Yusuf	19
Fiona Maynard	19
Nicus Oosthuizen	18
Clinton Poson	18
Elrisia Roux	18
Damian Webster	16
Collis Hardnick	16
Gillian Denempont	16
Glenn Gess	15
Judy Viljoen	15



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:54
Kristy McCarthy	23:01
Phia Swartz	24:00
Joy Tupholme	24:10
Julia Barnett	24:12
Soretha Venter	24:36
Fikile Shabangu	24:40
Robyn Kock	24:54
Danielle Lopes	24:57

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Maree Wilken	38:27
Elsali Boule	39:50
Fikile Shabangu	42:20
Julia Barnett	42:45
Soretha Venter	43:25
Elrisia Roux	44:32
Cathy Vaughan	45:49
Yushaa Abrahams	46:15



Fastest 5KM Latest (Male)	
Thamsanga Moyo	17:56
Japhta Maboko	24:58
Arend	28:25
Charles Grant	29:29
Martin Peet	29:53
Dean Jarvis	29:55
Rob Hodgkiss	32:04
Ayanda Motjuwadi	38:34

Fastest 8KM Latest (Male)	
Grant Clark	36:42
Alfie Venter	39:29
Marlon Yusuf	41:09
Russell Bradbrooke	42:26
Navin Mudaly	43:02
Gareth Reddel	45:59
Benjamin ONeil	48:24

Fastest 5KM Overall (Male)	
Thamsanga Moyo	17:56
Duane Rabie	18:30
Matthew Delport	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Geordan Harris	21:07
Muhammad Bhamjee	21:25

Fastest 8KM Overall (Male)	
Sandile Bikana	29:11
Handsome Siwela	30:00
Serge Vanhee	31:14
Thamsanga Moyo	32:15
Matthew Delport	32:52
Kary Kohler	33:02
Tsудо Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04
Mark Labouschagne	34:42

