

# Time Trial Top 10 Leader Board

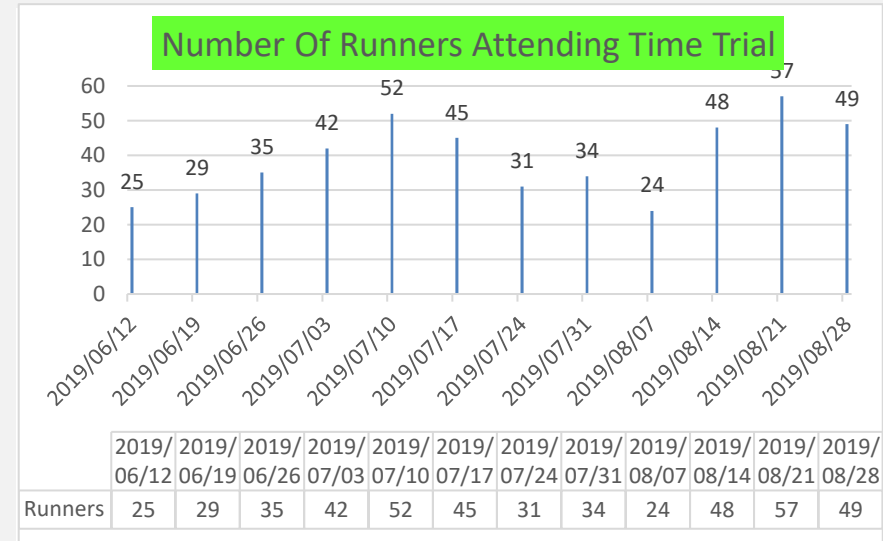
Wednesday, 28 August 2019



Fastest 5KM Latest (Female)	
Gayle McPherson	26:31
Yolande Springer	26:48
Kimberleigh Jarvis	30:15
Tiffany McCollough	30:30
Sabeena Khan	32:54
Helen Gent	34:30
Melissa du Plessis	35:19
Erin Du Plessis	35:36
Cindy O'Neil	36:29
Marize Marais	37:13

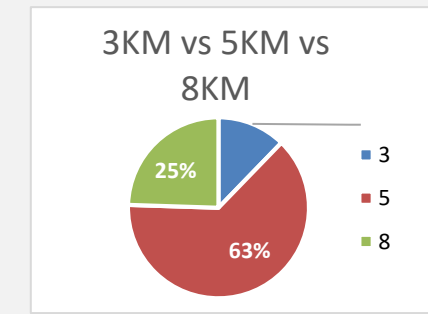
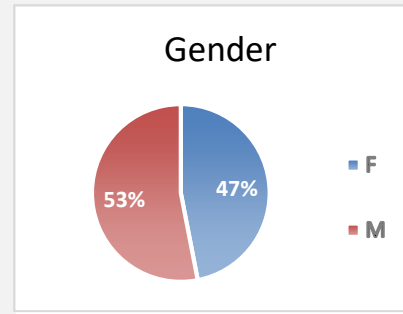
Fastest 8KM Latest (Female)	
Yolandi Greyson	39:30
Joy Tupholme	40:56
Kimberly O'Neil	49:06
Louise Botha	50:21

Most Attended	
Benjamin O'Neil	34
Cindy O'Neil	34
Gareth Reddel	32
Thomas O'Connor	31
Matthew Pantland	27
Ethan O'Neil	26
Errol McCauley	25
Kimberly O'Neil	24
Dean Jarvis	24
Nazly Selling	22
Monique Bradbrooke	21
Marlon Yusuf	21
Russell Bradbrooke	21
Fiona Maynard	20
Nicus Oosthuizen	18
Elrisia Roux	18
Damian Webster	18
Clinton Posen	18
Collis Hardnick	18
Glenn Gess	17
Gillian Denempont	16
Kimberleigh Jarvis	16



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:54
Kristy McCarthy	23:01
Phia Swartz	24:00
Joy Tupholme	24:10
Julia Barnett	24:12
Soretha Venter	24:36
Fikile Shabangu	24:40
Robyn Kock	24:54
Danielle Lopes	24:57

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Aurelia Boule	37:30
Maree Wilken	38:27
Yolandi Greyson	39:30
Elsali Boule	39:50
Joy Tupholme	40:33
Fikile Shabangu	42:20
Julia Barnett	42:45
Soretha Venter	43:25



Fastest 5KM Latest (Male)	
Thamsanga Moyo	18:55
Alfie Venter	22:35
Gareth Trent	24:18
Collis Hardnick	24:40
John Townsend	25:03
Guy Drew	27:31
Tony Waters	28:15
Ethan O'Neil	28:19
Vorster Naude	29:30
Dave McCullough	30:30

Fastest 8KM Latest (Male)	
Jacob Molenaar	37:05
Glenn Gess	39:21
Navin Mudaly	39:36
Errol Cadle	45:05
Nicus Oosthuizen	46:12
Gareth Reddel	46:50
Dean Jarvis	48:30
Benjamin O'Neil	49:42

Fastest 5KM Overall (Male)	
Thamsanga Moyo	17:56
Duane Rabie	18:30
Matthew Delport	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Geordan Harris	21:07
Ian Cloete	21:25

Fastest 8KM Overall (Male)	
Sandile Bikana	29:11
Handsome Siwela	30:00
Thamsanga Moyo	30:01
Serge Vanhee	31:14
Matthew Delport	31:27
Barry Maitland-Stuart	32:26
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04

