

Time Trial Leader Board - All Results 8KM

Date **Wednesday, 16 October 2019**



Column Labels		
	8	
Row Labels	Time.	Pace.
Kai Kohler	35:40	00:04:28
Navin Mudaly	39:20	00:04:55
Glenn Gess	39:49	00:04:59
Ryno Swiegers	42:09	00:05:16
Mariska de Jeger	42:46	00:05:21
Marlon Yusuf	45:13	00:05:39
Guy Drew	45:28	00:05:41
Monde Siame	45:30	00:05:41
Chris Dirks	46:30	00:05:49
Nicus Oosthuizen	46:44	00:05:50
Kimberly O Neil	46:57	00:05:52
Kayleigh Tsoskie	47:09	00:05:54
Amanda Homan	49:27	00:06:11
Dean Jarvis	49:43	00:06:13
Gareth Reddell	50:10	00:06:16
Fiona Maynard	52:27	00:06:33
Russell Bradbrooke	52:27	00:06:33
Jonathan Fourie	53:31	00:06:41
Kristin Fourie	53:31	00:06:41
Sharlene Meeding	54:02	00:06:45
Shoayb Abrahams	54:08	00:06:46
Deirdre Wilson	54:16	00:06:47
Cindy ONeil	57:49	00:07:14

