

# Time Trial Top 10 Leader Board

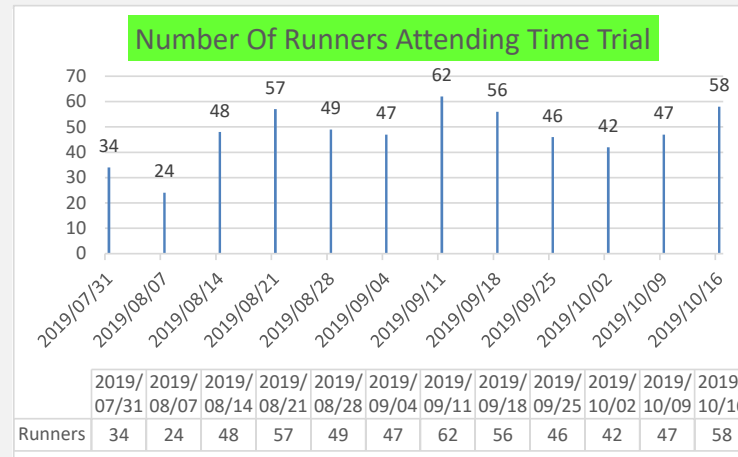
Wednesday, 16 October 2019



Fastest 5KM Latest (Female)	
Joy Tupholme	24:07
Janet Crone	26:21
Robyn Wilson	29:57
Inge Kuhne	30:10
Altamari Botha	30:43
Kimberleigh Jarvis	32:15
Gontse Makhothg	32:50
Catherine McAlinden	33:01
Jonessa De Bruyn	33:16
Stacey Duncan	33:18

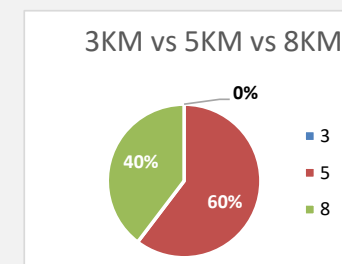
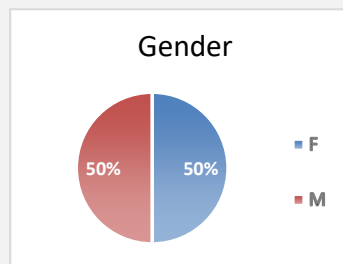
Fastest 8KM Latest (Female)	
Mariska de Jeger	42:46
Kimberly O Neil	46:57
Kayleigh Tsoskie	47:09
Amanda Homan	49:27
Fiona Maynard	52:27
Kristin Fourie	53:31
Sharlene Meeding	54:02
Deirdre Wilson	54:16
Cindy O'Neil	57:49

Most Attended	
Cindy O'Neil	41
Gareth Reddell	39
Thomas O Connor	38
Benjamin O'Neil	37
Ethan Oneil	33
Matthew Pantland	31
Kimberly O Neil	31
Errol McCauley	29
Dean Jarvis	29
Russell Bradbrooke	28
Marlon Yusuf	27
Fiona Maynard	25
Nicus Oosthuizen	25
Monique Bradbrooke	23
Nazly Selling	21
Ryno Swiegers	21
Kimberleigh Jarvis	21
Gillian Denempont	21
Glenn Gess	20
Martin Peet	20
Damian Webster	19
Collis Hardnick	19



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:54
Kristy McCarthy	23:01
Yolandi Greyson	23:06
Phia Swartz	24:00
Joy Tupholme	24:07
Julia Barnett	24:12
Soretha Venter	24:36
Fikile Shabangu	24:40
Robyn Kock	24:54

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Aurelia Boule	37:30
Jonessa De Bruyn	37:47
Estie Steyn	37:53
Gerda Steyn	37:53
Maree Wilken	38:27
Marlene Knight	38:49
Yolandi Greyson	39:30
Elsali Boule	39:50



Fastest 5KM Latest (Male)	
Lorne Philpot	25:20
Ethan Oneil	25:38
Jacob Molenaar	25:42
Jacques Fouche	25:48
Errol McCauley	26:29
Lance Van Rooyen	28:37
Martin Peet	29:32
Jason Diplock	29:58
Matthew Pantland	32:34
Benjamin O'Neil	32:48

Fastest 8KM Latest (Male)	
Kai Kohler	35:40
Navin Mudaly	39:20
Glenn Gess	39:49
Ryno Swiegers	42:09
Marlon Yusuf	45:13
Guy Drew	45:28
Monde Siame	45:30
Chris Dirks	46:30
Nicus Oosthuizen	46:44
Dean Jarvis	49:43

Fastest 5KM Overall (Male)	
Thamsanga Moyo	17:56
Duane Rabie	18:30
Matthew Delport	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Preatchy Dlamini	19:36
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Geordan Harris	21:07

Fastest 8KM Overall (Male)	
Sandile Bikana	29:11
Handsome Siwela	30:00
Thamsanga Moyo	30:01
Serge Vanhee	31:14
Matthew Delport	31:27
Barry Maitland-Stuart	32:26
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04

