

# Time Trial Top 10 Leader Board

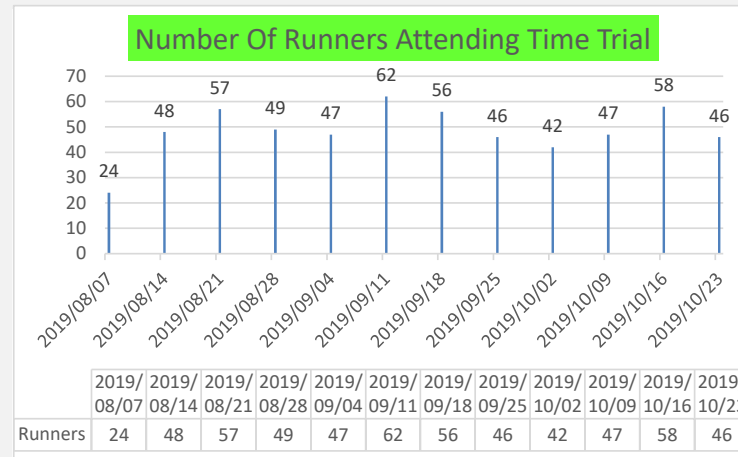
Wednesday, 23 October 2019



Fastest 5KM Latest (Female)	
Joy Tupholme	25:01
Janet Crone	26:10
Jonessa De Bruyn	30:56
Inge Kuhne	32:01
Deborah Van Wyk	32:34
Kimberleigh Jarvis	33:57
Nicie Vorster	34:25
Padla Warrender	36:29
Marize Marais	36:45
Libby Maider	36:51

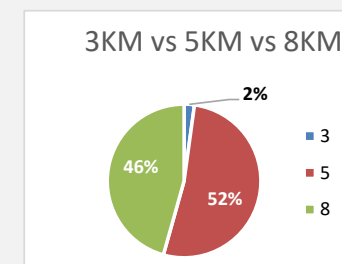
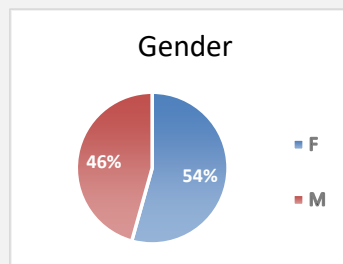
Fastest 8KM Latest (Female)	
Mariska de Jeger	40:47
Kayleigh Tsoskie	46:06
Kimberly O Neil	46:50
Louise Botha	48:05
Carli Van Niekerk	48:35
Sharlene Meeding	52:30
Cindy O'Neil	56:35
Babalwa Nqunga	58:06

Most Attended	
Cindy O'Neil	42
Gareth Reddell	40
Thomas O Connor	39
Benjamin O'Neil	37
Ethan Oneil	34
Kimberly O Neil	32
Matthew Pantland	32
Errol McCauley	30
Dean Jarvis	30
Russell Bradbrooke	28
Marlon Yusuf	27
Nicus Oosthuizen	25
Fiona Maynard	25
Monique Bradbrooke	23
Nazly Selling	22
Glenn Gess	22
Ryno Swiegers	22
Kimberleigh Jarvis	21
Gillian Denempont	20
Damian Webster	20
Martin Peet	19
Navin Mudaly	19



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:54
Kristy McCarthy	23:01
Yolandi Greyson	23:06
Phia Swartz	24:00
Joy Tupholme	24:07
Julia Barnett	24:12
Soretha Venter	24:36
Fikile Shabangu	24:40
Aeolyn Gwynne	24:54

Fastest 8KM Overall (Female)	
Lauren Felton	36:00
Lynette Cronk	37:24
Aurelia Boule	37:30
Estie Steyn	37:53
Gerda Steyn	37:53
Maree Wilken	38:27
Marlene Knight	38:49
Yolandi Greyson	39:30
Elsali Boule	39:50
Joy Tupholme	40:33



Fastest 5KM Latest (Male)	
Peter Stainton	23:30
Saydean Meadows	26:26
Ethan Oneil	26:39
Guy Drew	26:50
Graham Warrender	33:26
Matthew Pantland	36:42
Thomas O Connor	38:31
Lennie Marais	40:06

Fastest 8KM Latest (Male)	
Grant Clark	35:25
Jacob Molenaar	36:52
Gareth Reddell	39:08
Navin Mudaly	39:40
Glenn Gess	39:40
Gary Flemming	43:10
Chris Dirks	44:57
Heinrich Jacobs	46:04
Ryno Swiegers	46:50
Liam Benade Van Nieke	48:10

Fastest 5KM Overall (Male)	
Thamsanga Moyo	17:56
Duane Rabie	18:30
Matthew Delport	19:00
Nathan Amos	19:20
Kary Kohler	19:21
Preatchy Dlamini	19:36
Devin Vincent	20:10
Kai Kohler	20:46
Jensen Geyer	21:04
Geordan Harris	21:07

Fastest 8KM Overall (Male)	
Sandile Bikana	29:11
Handsome Siwela	30:00
Thamsanga Moyo	30:01
Serge Vanhee	31:14
Matthew Delport	31:27
Barry Maitland-Stuart	32:26
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04

