

# Time Trial Leader Board - All Results 5KM

Date **Wednesday, 15 January 2020**



## Column Labels

5

Row Labels	Time.	Pace.
Elaine O'Connel	23:00	00:04:36
Kristy Bartlett	23:06	00:04:37
Joy Tupholme	24:41	00:04:56
Ricci Matteucci	24:43	00:04:57
Miles Hearan	24:56	00:04:59
Dane Born	25:51	00:05:10
Zameer Edwards	25:57	00:05:11
Ethan Oneil	26:45	00:05:21
Jared Jurisich	27:05	00:05:25
Monde Siame	27:43	00:05:33
Gillian Denempont	27:43	00:05:33
Errol McCauley	27:45	00:05:33
Francis Krone	28:13	00:05:39
Gary Flemming	28:45	00:05:45
Ryan Jurisich	28:47	00:05:45
Yassie Kuvadi	28:50	00:05:46
Sonja Bower	29:00	00:05:48
Ronnie Bower	29:00	00:05:48
Richard Lomax	29:21	00:05:52
Charleen Born	29:38	00:05:56
Tracy McNair	30:22	00:06:04
Fiona Maynard	31:02	00:06:12
Inge Kuhne	31:27	00:06:17
Yolande Springer	31:29	00:06:18
Andrew Van Zyl	31:32	00:06:18
Altamari Botha	31:41	00:06:20
Karen Richards	33:00	00:06:36
Ena du Plessis	33:06	00:06:37
Seun du Plessis	33:07	00:06:37
Kate Barthwick	33:19	00:06:40
Estelle Le Roux	33:50	00:06:46
Monique Bradbrooke	34:46	00:06:57
Cindy O'Neil	34:57	00:06:59
Awelani Moila	36:00	00:07:12
Helen Gent	37:58	00:07:36
Lance Van Rooyen	38:19	00:07:40
Bronwyn Van Rooyen	38:19	00:07:40
Kate Cooper	39:20	00:07:52
Estella Watkins	39:50	00:07:58
Dikeledi Makkane	40:21	00:08:04
Roxane Transel	41:26	00:08:17