

Time Trial Top 10 Leader Board

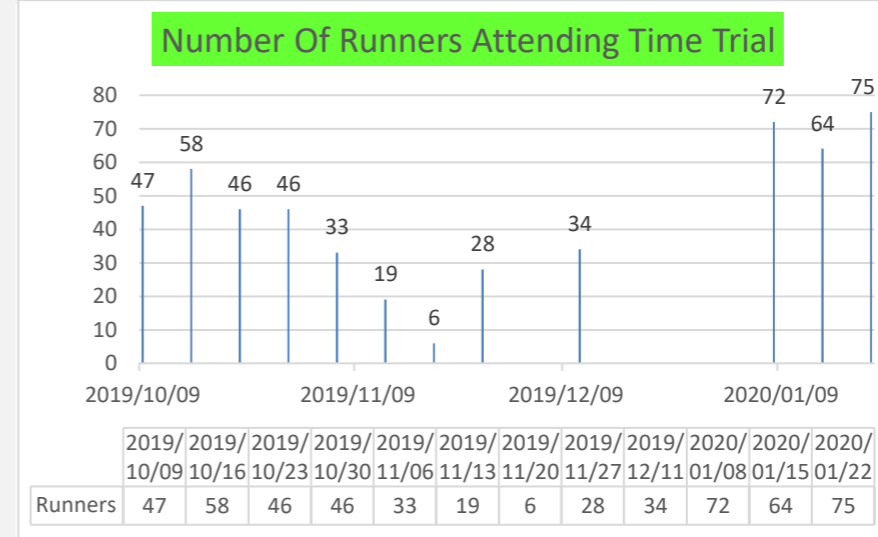
Wednesday, 22 January 2020



Fastest 5KM Latest (Female)	
Lauren Felton	22:33
Joy Tupholme	25:01
Tlhalefo Mtladi	26:20
Charmaine Stainton	28:05
Stacey Duncan	28:15
Sonja Bower	28:19
Elzette Nienaber	28:29
Linde Spencer	28:41
Karen M	29:04
Yolande Springer	29:39

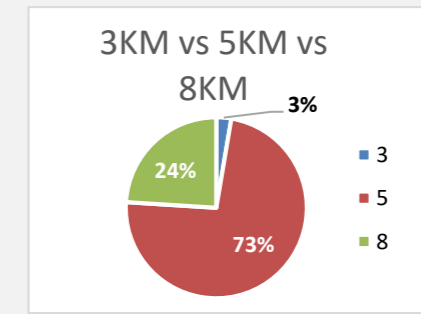
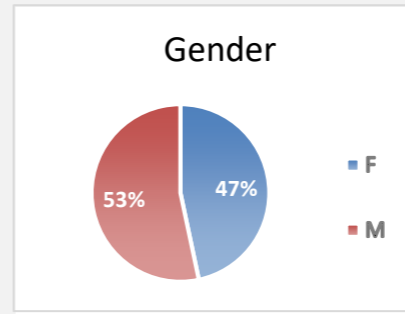
Fastest 8KM Latest (Female)	
Elaine O'Connel	37:41
Cristina Karadimitriadis	42:31
Kimberly O Neil	46:31
Priyanka Moodley	48:51
Robyn Wilson	51:16
Kay Naylor	52:54
Cindy O'Neil	56:07

Most Attended	
Cindy O'Neil	49
Gareth Reddell	45
Benjamin O'Neil	43
Ethan O'Neil	41
Thomas O'Connor	41
Kimberly O'Neil	39
Matthew Pantland	35
Errol McCauley	33
Dean Jarvis	33
Russell Bradbrooke	33
Fiona Maynard	32
Monique Bradbrooke	28
Marlon Yusuf	27
Nicus Oosthuizen	26
Guy Drew	25
Kimberleigh Jarvis	24
Ryno Swiegers	23
Nazly Selling	23
Glenn Gess	23
Martin Peet	22
Estelle Le Roux	22
Navin Mudaly	22



Fastest 5KM Overall (Female)	
Lauren Felton	22:09
Kristy Bartlett	22:54
Elaine O'Connel	23:00
Kristy McCarthy	23:01
Yolandi Greyson	23:06
Phia Swartz	24:00
Joy Tupholme	24:07
Julia Barnett	24:12
Suretha Venter	24:36
Fikile Shabangu	24:40

Fastest 8KM Overall (Female)	
Gantse Makhothg	34:19
Lauren Felton	36:00
Lynette Cronk	37:24
Aurelia Boule	37:30
Elaine O'Connel	37:41
Estie Steyn	37:53
Gerda Steyn	37:53
Maree Wilken	38:27
Marlene Knight	38:49
Yolandi Greyson	39:30



Fastest 5KM Latest (Male)	
Ben Fourie	21:30
Jan Havenga	21:34
David Van Coller	21:55
Peter Stainton	22:45
Kirian Stainton	24:30
Eugene Havenga	26:22
Damion Pienaar	26:30
Jacques Fouche	26:43
Ricci Matteucci	26:45
Jared Jurisich	27:03

Fastest 8KM Latest (Male)	
David Khoza	35:39
Kai Kohler	35:50
Keagan Malan	35:56
Ruben Swartz	37:18
Keneth Wilson	37:26
David Ryan	38:56
George Karadimitriadis	42:31
Kevin Mill	42:32
David Naylor	45:49
Chris Alderson	46:41

Fastest 5KM Overall (Male)	
Thamsanga Moyo	17:56
Duane Rabie	18:30
Matthew Delport	19:00
Matt Ralphs	19:12
Nathan Amos	19:20
Kary Kohler	19:21
Barry Maitland-Stuart	19:24
Preatchy Dlamini	19:36
Devin Vincent	20:10
Kai Kohler	20:46

Fastest 8KM Overall (Male)	
Sandile Bikana	29:11
Handsome Siwela	30:00
Thamsanga Moyo	30:01
Serge Vanhee	31:14
Matthew Delport	31:27
Barry Maitland-Stuart	32:26
Kary Kohler	33:02
Tsudo Hlongcoo	33:18
Piet Mathebula	33:38
Kai Kohler	34:04

