

# Time Trial Leader Board - All Results 8KM



Date **Wednesday, 05 February 2020**

## Column Labels

8

| Row Labels       | Time. | Pace.    |
|------------------|-------|----------|
| Mthokokisi Ncube | 31:22 | 00:03:55 |
| Sipho Mangwale   | 34:50 | 00:04:21 |
| Henri Swarts     | 38:35 | 00:04:49 |
| Kevin Mill       | 38:36 | 00:04:50 |
| Navin Mudaly     | 41:00 | 00:05:07 |
| Dave McCullough  | 42:32 | 00:05:19 |
| Gareth Reddell   | 42:42 | 00:05:20 |
| Joy Tupholme     | 43:15 | 00:05:24 |
| Chris Alderson   | 44:23 | 00:05:33 |
| Bernard Dickens  | 45:55 | 00:05:44 |
| Elzette Nienaber | 48:18 | 00:06:02 |
| Marius Botes     | 50:31 | 00:06:19 |
| Robyn Wilson     | 50:39 | 00:06:20 |
| Byron Wilson     | 50:39 | 00:06:20 |
| Benjamin O'Neil  | 51:29 | 00:06:26 |
| Shoayb Abrahams  | 52:36 | 00:06:34 |
| Joe Da Silva     | 55:03 | 00:06:53 |