

Trail Time Trial Top 10 Leader Board

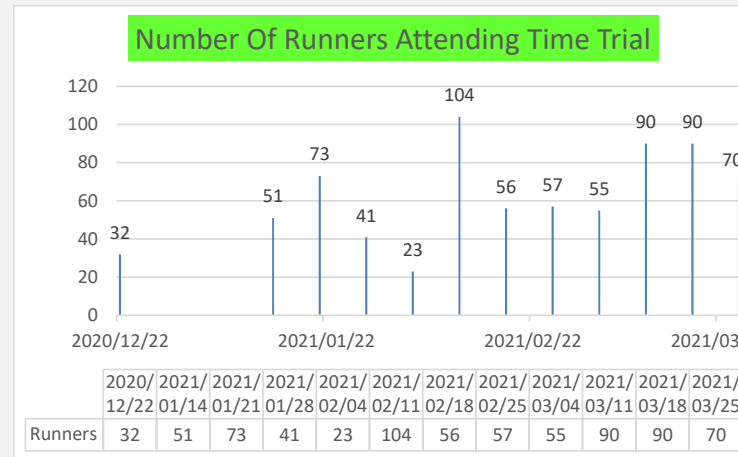
Thursday, 25 March 2021



Fastest 5KM Latest (Female)	
Julie Parry	26:15
Daleen Massyn	26:49
Carmen Walker-Campb	27:41
Sandy Duvenhage	29:34
Rita Loots	30:22
Sissy Pieterse	30:50
Valeska Muller	30:50
Lauren Keve	31:00
Megan Adams	31:04
Inge Kuhne	32:09

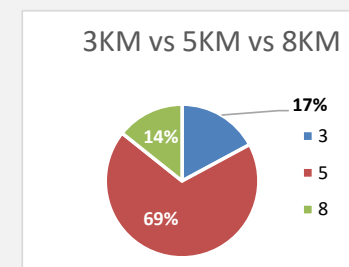
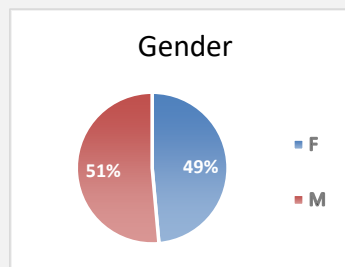
Fastest 8KM Latest (Female)	
Cristina Karas	40:12
Ashleigh Cramb	46:30

Most Attended	
Benjamin O'Neil	17
Ockert Brits	15
Kimberly O'Neil	15
Hein Hefer	15
Matthew Pantland	15
Ethan Oneil	14
Mark de Klerk	13
Inge Kuhne	13
Cherie Setzer	13
Ross Wilson	11
Rita Loots	11
Julie Parry	11
Dean Jarvis	11
Sandy Duvenhage	10
Philip Setzer	10
Russell Bradbrooke	10
Phia Swartz	10
Kimberleigh Jarvis	10
Dieter Wichmann	9
Peter Stainton	9
Valeska Muller	8
Hester Smit	8



Fastest 5KM Overall (Female)	
Elizabeth Maiden	24:15
Gayle McPherson	24:27
Sissy Pieterse	24:32
Debbie O'Leary	24:43
Hettie Kruger	24:55
Joy Tupholme	25:03
Nomhla Mpatze	25:11
Marily Vermeulen	25:23
Nyasha Mutetwa	25:30
Daleen Massyn	25:42

Fastest 8KM Overall (Female)	
J Lamberti	40:00
Cristina Karas	40:12
Katlego Morema	40:37
Nivea Sekele	41:37
Debbie O'Leary	42:01
Gayle McPherson	43:13
Sissy Pieterse	43:49
Ashleigh Cramb	43:52
Brenda White	45:00
Kimberly O'Neil	45:36



Fastest 5KM Latest (Male)	
George Karas	24:54
Sheraaz Snyman	25:27
Matthew Brislin	26:24
Dean Kruger	26:27
Russell Bradbrooke	26:36
Mias Steenberg	26:46
Rob Walker-Campbell	27:09
Hendri Massyn	28:32
Mark de Klerk	28:39
Riaad Snyman	30:53

Fastest 8KM Latest (Male)	
Ross Wilson	38:50
Edmund Du Toit	40:27
Wynand Botha	40:44
N Wiechers	44:34
Tyrone Crawsheg-Hall	46:30
Jacques Fouche	48:42
Mark Nell	48:45
Dave Drake	51:16

Fastest 5KM Overall (Male)	
Devin Vincent	17:45
Daniel Jenner	18:17
Handsome Siwela	19:25
Barry Maitland-Stuart	19:40
Theo Adams	19:45
Naeem Williams	20:22
Adam Thatcher	20:39
Frikkie Van Eck	20:42
Gary Knight	21:01
Braam Smit	21:40

Fastest 8KM Overall (Male)	
Paul Gerrard	32:53
Colin Mitchley	34:23
Theo Adams	34:47
Schalk Greyling	35:38
Matthew Hales	35:55
Ameer Williams	36:01
Naeem Williams	37:00
Ruben Swartz	37:06
Chris Jacobs	37:26
Duncan Riley	38:39

