

Time Trial Leader Board - All Results 5KM

Date

Wednesday, 07 April 2021



Column Labels

5

Row Labels	Time.	Pace.
Ryan Marshall	19:55	00:03:59
Jacob Molenaar	21:57	00:04:23
Rich Malyon	22:35	00:04:31
Oscar Benjamin	22:50	00:04:34
Clinton de Klerk	24:50	00:04:58
Russell Bradbrooke	27:48	00:05:34
Nicole Astfalck	28:03	00:05:37
Lauren Gray	28:37	00:05:43
Truida Swarts	29:04	00:05:49
Raymond Wright	30:15	00:06:03
Jonessa De Bruyn	30:37	00:06:07
Fiona Maynard	31:00	00:06:12
Valeska Muller	31:25	00:06:17
Manie de Bod	33:53	00:06:47
Elsa de Bod	34:03	00:06:49
Caprice Beggs	34:07	00:06:49
Alice da Silva	34:11	00:06:50
Marilee de Bruyn	34:27	00:06:53
Cheffley Watt	34:38	00:06:56
Debbie Watt	34:38	00:06:56
Gareth Reddell	34:55	00:06:59
Alisa	35:05	00:07:01
Andre	35:05	00:07:01
Phia Swartz	36:10	00:07:14
Ridwaan Sallie	36:45	00:07:21
Robert Swartz	37:00	00:07:24
Nick Loots	37:33	00:07:31
Hein Hefer	37:33	00:07:31
Ann Basson	40:00	00:08:00
Ilhaan Oliver	40:00	00:08:00
Robyn Dose	40:00	00:08:00
Jane Potgieter	40:00	00:08:00
Ayanda Motjuwadi	40:11	00:08:02
Thomas O Connor	41:02	00:08:12
Monique Bradbrooke	43:19	00:08:40
Danny Bradbrooke	43:45	00:08:45