

Time Trial Top 10 Leader Board

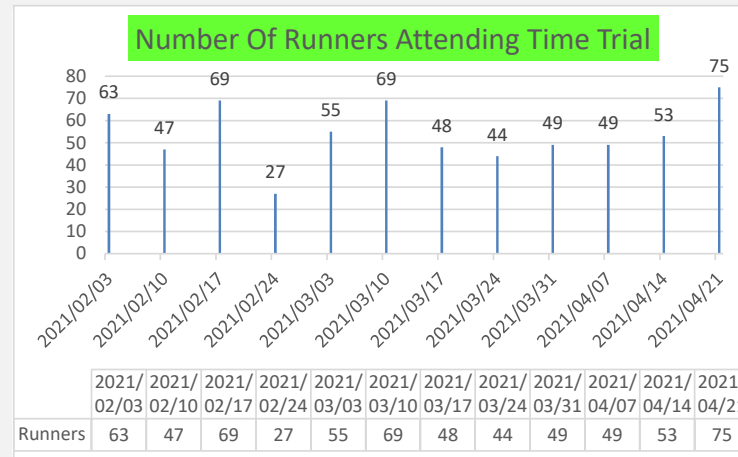
Wednesday, 21 April 2021



Fastest 5KM Latest (Female)	
Lindsay Stafford	23:55
Jessie Moore	24:09
Tania vd Meulen	24:43
Ava Kemp	25:22
Joy Tupholme	25:56
Robyn Jacobson	26:54
Nicole Astfalck	28:08
Joan Steyn	28:29
Kendra Dykman	28:36
Althea Botha	28:39

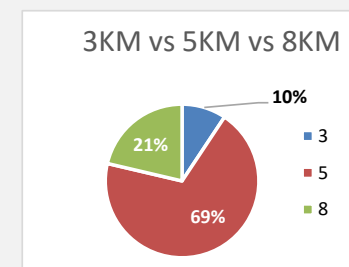
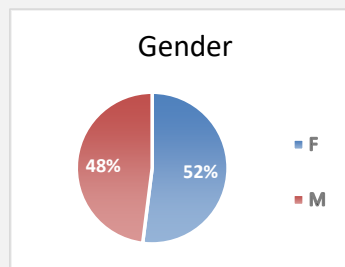
Fastest 8KM Latest (Female)	
Lauren Gray	41:08
Julie Parry	44:46
Truida Zwarts	45:10
Nix Payne	50:14
Inge Kuhne	52:56
Zandele Nollangalavu	59:00

Most Attended	
Benjamin O'Neil	73
Thomas O'Connor	70
Kimberly O'Neil	69
Ethan O'Neil	69
Fiona Maynard	63
Russell Bradbrooke	62
Gareth Reddell	61
Cindy O'Neil	61
Matthew Pantland	59
Monique Bradbrooke	55
Joy Tupholme	47
Jacob Molenaar	46
Jonessa De Bruyn	38
Dean Jarvis	38
Estelle Le Roux	34
Cheffley Watt	33
Martin Peet	33
Marlon Yusuf	33
Errol McCauley	33
Ockert Brits	32
Kimberleigh Jarvis	30
Sharlene Meeding	29



Fastest 5KM Overall (Female)	
Lozete Mahlangu	18:19
Lungile Mgabi	20:00
Ruth Moore	21:43
Lauren Felton	22:09
Misha Fehem	22:18
Kristy Bartlett	22:54
Abigail Bodmarchuk	22:54
Elaine O'Connel	23:00
Kristy McCarthy	23:01
Kristine Bartlett	23:05

Fastest 8KM Overall (Female)	
Alice da Silva	34:12
Gantse Makhothg	34:19
Lauren Felton	36:00
Lynette Cronk	37:24
Aurelia Boule	37:30
Elaine O'Connel	37:41
Gerda Steyn	37:53
Estie Steyn	37:53
Abigail Bodmarchuk	38:00
Maree Wilken	38:27



Fastest 5KM Latest (Male)	
Jonathan Gertzen	20:24
Oscar Benjamin	23:12
Maxwell Chuknou	23:12
Braam Smith	23:30
Dave McCullough	23:56
Schalk Baard	24:00
Andre Van Wyk	24:00
Johann Strumpfer	24:17
Russell Bradbrooke	24:21
Matthew Brislin	24:41

Fastest 8KM Latest (Male)	
Schalk Greyling	35:15
Matthew Hales	35:29
Clinton de Klerk	39:30
Richard Yang	44:04
Jacob Molenaar	45:28
Pieter Delpont	45:30
Ockert Brits	46:15
Benjamin O'Neil	47:50
Brian Sawbers	49:48
Raymond Wright	50:14

Fastest 5KM Overall (Male)	
Samuel Cornelius	16:47
Madiba Mazibuko	16:52
Daniel Sigasol	16:54
Thamsanga Moyo	17:56
Matt Ralphs	18:22
Duane Rabie	18:30
Nathan Amos	18:36
Matthew Delpont	19:00
Taygan Nadar	19:00
Kary Kohler	19:21

Fastest 8KM Overall (Male)	
Leonard Lowole	27:03
Micheal Lowole	27:03
Admire Muzopambwa	27:55
Samuel Cornelius	28:25
Sandele Kikana	29:11
Handsome Siwela	30:00
Thamsanga Moyo	30:01
Serge Vanhee	31:14
Mthokokisi Ncube	31:22
Theo Adams	31:23

