

Trail Time Trial Top 10 Leader Board

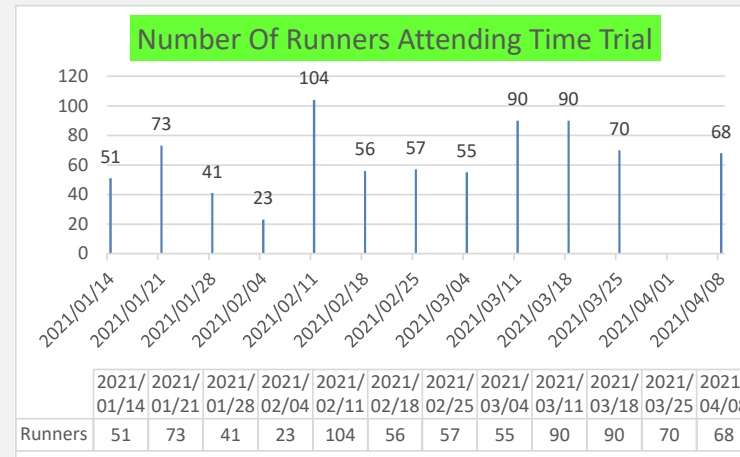
Thursday, 08 April 2021



Fastest 5KM Latest (Female)	
Daleen Massyn	26:26
Carmen Walker-Campb	27:19
Nina Rose Tidy	27:20
Sissy Pieterse	29:00
Julie Parry	30:20
Megan Adams	31:16
Yvonne Fraser	32:02
Deborah van Dyk	32:31
Rita Loots	32:35
Inge Kuhne	32:48

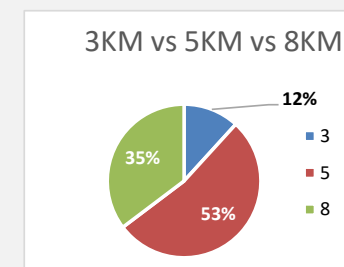
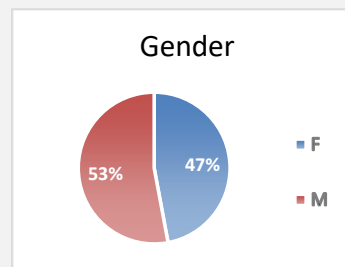
Fastest 8KM Latest (Female)	
Cristina Karas	42:06
Ashleigh Cramb	44:53
Diane Shearer	46:22
Faye Tizora	48:00
Carli Van Niekerk	48:32
Ericka Kater	49:10
Ashleigh Kater	49:22
Anza Hoffmann	49:32
Joy Tupholme	49:57
Jenny Wells	50:37

Most Attended	
Benjamin O'Neil	18
Ockert Brits	16
Matthew Pantland	16
Hein Hefer	16
Ethan Oneil	15
Kimberly O Neil	15
Mark de Klerk	14
Inge Kuhne	14
Cherie Setzer	13
Rita Loots	12
Julie Parry	12
Dean Jarvis	12
Ross Wilson	11
Sandy Duvenhage	11
Russell Bradbrooke	11
Phia Swartz	11
Kimberleigh Jarvis	11
Philip Setzer	10
Dieter Wichmann	9
Gareth Reddell	9
Nick Loots	9
Peter Stainton	9



Fastest 5KM Overall (Female)	
Elizabeth Maiden	24:15
Gayle McPherson	24:27
Sissy Pieterse	24:32
Debbie O'Leary	24:43
Hettie Kruger	24:55
Joy Tupholme	25:03
Nomhla Mpatze	25:11
Marily Vermeulen	25:23
Nyasha Mutetwa	25:30
Daleen Massyn	25:42

Fastest 8KM Overall (Female)	
J Lamberti	40:00
Cristina Karas	40:12
Katlego Morema	40:37
Nivea Sekele	41:37
Debbie O'Leary	42:01
Gayle McPherson	43:13
Sissy Pieterse	43:49
Ashleigh Cramb	43:52
Brenda White	45:00
Kimberly O Neil	45:36



Fastest 5KM Latest (Male)	
Sheraaz Snyman	25:13
Russell Bradbrooke	25:15
Ethan Oneil	26:00
Mias Steenberg	26:27
Dylan Wodley-Smith	26:43
Gabriel Tidy	28:55
Matthew Pantland	30:18
Bennie Bronn	30:34
Riaad Snyman	30:51
Ockert Brits	32:00

Fastest 8KM Latest (Male)	
Mike B	28:00
Theo Adams	33:45
Morne Landmann	39:32
George Karas	42:18
Leen Du Plessis	42:30
Edmund Du Toit	44:03
Jason Benci	46:22
Johann Strumpfer	46:54
Mark de Klerk	47:24
Mark Nell	47:55

Fastest 5KM Overall (Male)	
Devin Vincent	17:45
Daniel Jenner	18:17
Handsome Siwela	19:25
Barry Maitland-Stuart	19:40
Theo Adams	19:45
Naem Williams	20:22
Adam Thatcher	20:39
Frikkie Van Eck	20:42
Gary Knight	21:01
Braam Smit	21:40

Fastest 8KM Overall (Male)	
Mike B	28:00
Paul Gerrard	32:53
Theo Adams	33:45
Colin Mitchley	34:23
Schalk Greyling	35:38
Matthew Hales	35:55
Ameer Williams	36:01
Naem Williams	37:00
Ruben Swartz	37:06
Chris Jacobs	37:26

