

# Trail Time Trial Leader Board - All Results 5KM

Date **Thursday, 15 April 2021**



## Column Labels

5

Row Labels	Time.	Pace.
Geordan Harris	19:47	00:03:57
Naeem Williams	20:41	00:04:08
Arnoh Kruger	23:52	00:04:46
Daleen Massyn	25:52	00:05:10
Miles Heeran	26:31	00:05:18
Sissy Pieterse	27:00	00:05:24
Inomgru Pearson	27:22	00:05:28
Richard Swartz	27:30	00:05:30
Anya Erasmus	27:32	00:05:30
Oscar Benjamin	27:37	00:05:31
Sivime Shneni	28:26	00:05:41
Matthew Pantland	28:28	00:05:42
Mvelase Peter	29:00	00:05:48
Mark de Klerk	29:06	00:05:49
Bennie Bronn	29:26	00:05:53
Carli Van Niekerk	29:27	00:05:53
Michel Bega	29:46	00:05:57
Ian Blair	30:10	00:06:02
Nicky Vlakovsky	30:35	00:06:07
Karen Kege	31:00	00:06:12
Inge Kuhne	32:36	00:06:31
Richard Pearse	33:52	00:06:46
Francesca Monzeglio	35:40	00:07:08
Amy Stumbles	35:40	00:07:08
Hein Hefer	36:12	00:07:14
Gordon Richardson	37:35	00:07:31
Phia Swartz	38:17	00:07:39
Wendy Koegelenberg	39:00	00:07:48