

# Trail Time Trial Top 10 Leader Board

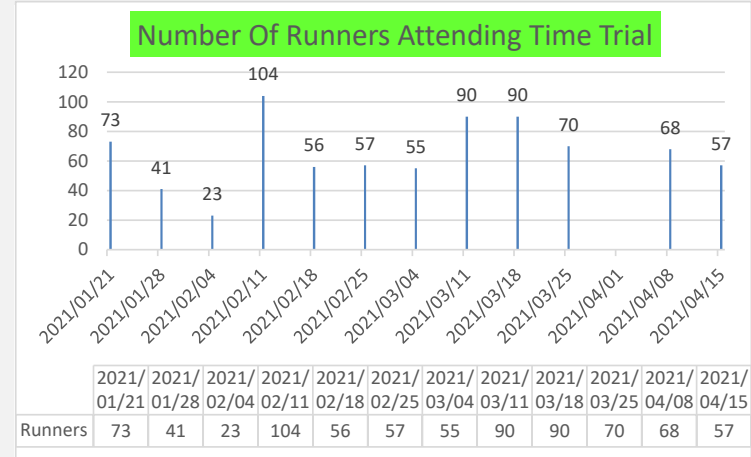
Thursday, 15 April 2021



Fastest 5KM Latest (Female)	
Daleen Massyn	25:52
Sissy Pieterse	27:00
Anya Erasmus	27:32
Carli Van Niekerk	29:27
Nicky Vlakovsky	30:35
Karen Kege	31:00
Inge Kuhne	32:36
Francesca Monzeglio	35:40
Amy Stumbles	35:40
Phia Swartz	38:17

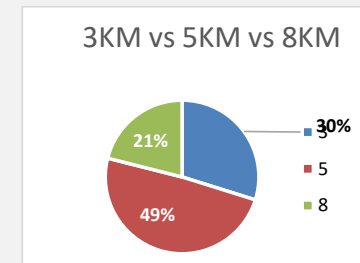
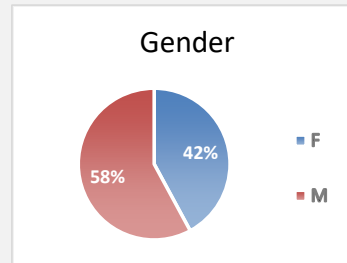
Fastest 8KM Latest (Female)	
Cristina Karas	40:20
Debbie O'Leary	42:50
Carmen Campbell	47:08
Carmana Vorster	48:25

Most Attended	
Benjamin O'Neil	18
Ockert Brits	17
Matthew Pantland	17
Hein Hefer	17
Mark de Klerk	15
Inge Kuhne	15
Ethan Oneil	15
Kimberly O Neil	15
Cherie Setzer	13
Dean Jarvis	13
Sandy Duvenhage	12
Ross Wilson	12
Julie Parry	12
Rita Loots	12
Phia Swartz	12
Russell Bradbrooke	11
Kimberleigh Jarvis	11
Philip Setzer	10
Dieter Wichmann	10
Theo Adams	9
Gareth Reddell	9
Brianna Jarvis	9



Fastest 5KM Overall (Female)	
Elizabeth Maiden	24:15
Gayle McPherson	24:27
Sissy Pieterse	24:32
Debbie O'Leary	24:43
Hettie Kruger	24:55
Joy Tupholme	25:03
Nomhla Mpatze	25:11
Marily Vermeulen	25:23
Nyasha Mutetwa	25:30
Daleen Massyn	25:42

Fastest 8KM Overall (Female)	
J Lamberti	40:00
Cristina Karas	40:12
Katlego Morema	40:37
Nivea Sekele	41:37
Debbie O'Leary	42:01
Gayle McPherson	43:13
Sissy Pieterse	43:49
Ashleigh Cramb	43:52
Brenda White	45:00
Kimberly O Neil	45:36



Fastest 5KM Latest (Male)	
Geordan Harris	19:47
Naeem Williams	20:41
Arnoh Kruger	23:52
Miles Heeran	26:31
Inomgru Pearson	27:22
Richard Swartz	27:30
Oscar Benjamin	27:37
Sivime Shneni	28:26
Matthew Pantland	28:28
Mvelase Peter	29:00

Fastest 8KM Latest (Male)	
Theo Adams	31:41
Matthew Hales	37:49
Schalk Greyling	38:53
Ross Wilson	39:50
Leon Du Plessis	42:40
George Karas	42:40
Edmund Du Toit	42:48
Ash Cramb	46:46

Fastest 5KM Overall (Male)	
Devin Vincent	17:45
Daniel Jenner	18:17
Handsome Siwela	19:25
Barry Maitland-Stuart	19:40
Theo Adams	19:45
Geordan Harris	19:47
Naeem Williams	20:22
Adam Thatcher	20:39
Frikkie Van Eck	20:42
Gary Knight	21:01

Fastest 8KM Overall (Male)	
Mike B	28:00
Theo Adams	31:41
Paul Gerrard	32:53
Colin Mitchley	34:23
Schalk Greyling	35:38
Matthew Hales	35:55
Ameer Williams	36:01
Naeem Williams	37:00
Ruben Swartz	37:06
Chris Jacobs	37:26

