

# Trail Time Trial Leader Board - All Results 5KM



Date

Thursday, 22 April 2021

Column Labels		
5		
Row Labels	Time.	Pace.
Paul Gerrard	18:25	00:03:41
Geordan Harris	18:30	00:03:42
Naeem Williams	20:20	00:04:04
Matthew Hales	20:54	00:04:11
Cristina Karas	24:30	00:04:54
Russell Bradbrooke	25:47	00:05:09
Guy Drew	25:59	00:05:12
Ainee Yang	26:10	00:05:14
Megan Young	27:57	00:05:35
Germaine Young	28:00	00:05:36
Matthew Pantland	28:01	00:05:36
Bertha Karsten	28:11	00:05:38
Gabriel Tidy	28:30	00:05:42
Nina Rose Tidy	28:33	00:05:43
Mias Steenberg	28:49	00:05:46
Daleen Massyn	28:51	00:05:46
Matthew Brislin	28:58	00:05:48
Stuart Tranetz	29:00	00:05:48
Rita Loots	29:23	00:05:53
Kendra Dyleman	29:40	00:05:56
Kirsten Butler	29:48	00:05:58
Bennie Bronn	29:58	00:06:00
Valeska Muller	30:06	00:06:01
Bryan Forsyth	31:50	00:06:22
Jeff Forsyth	31:50	00:06:22
Lauren Keve	32:00	00:06:24
Sharlene Meeding	32:12	00:06:26
Ian Blair	32:20	00:06:28
Inge Kuhne	32:21	00:06:28
Kayleigh Tranetz	33:00	00:06:36
Karen Coetzer	34:00	00:06:48
Alice Da Silva	34:24	00:06:53
Lufuno Segebe	35:06	00:07:01
Gordon Richardson	37:13	00:07:27
Francesca Monzeglio	37:34	00:07:31
Amy Stumbles	37:40	00:07:32
Claire Lord	38:05	00:07:37
Nick Loots	38:11	00:07:38
Hein Hefer	38:12	00:07:38
Corby Duchager	39:54	00:07:59
Nicky Godddard	41:04	00:08:13
Elaine Greenblatt	50:00	00:10:00