

Trail Time Trial Top 10 Leader Board

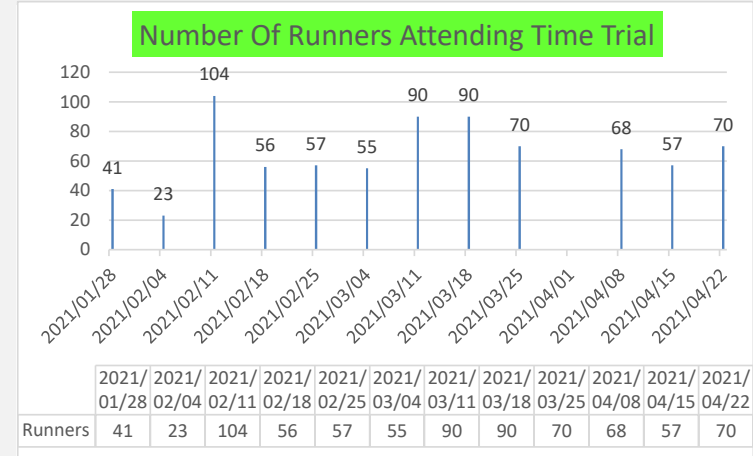
Thursday, 22 April 2021



Fastest 5KM Latest (Female)	
Cristina Karas	24:30
Ainee Yang	26:10
Megan Young	27:57
Germaine Young	28:00
Bertha Karsten	28:11
Nina Rose Tidy	28:33
Daleen Massyn	28:51
Rita Loots	29:23
Kendra Dyleman	29:40
Kirsten Butler	29:48

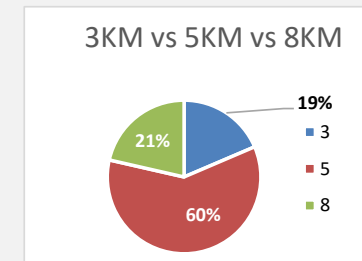
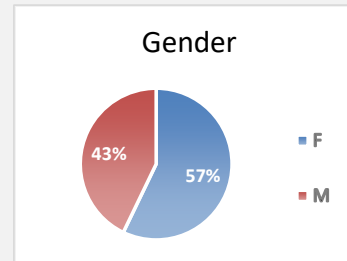
Fastest 8KM Latest (Female)	
Gabriela Van Rooyen	43:56
Kimberly O Neil	46:24
Carmen Campbell	46:34
Tizora Faye	48:48
Lindsay Stafford	49:54
Joy Tupholme	53:00
Caprice Beggs	57:44
Wendy Koegelenberg	1:00:00

Most Attended	
Benjamin O'Neil	19
Hein Hefer	18
Matthew Pantland	18
Ockert Brits	17
Mark de Klerk	16
Inge Kuhne	16
Kimberly O Neil	16
Ethan Oneil	15
Dean Jarvis	14
Ross Wilson	13
Sandy Duvenhage	13
Cherie Setzer	13
Rita Loots	13
Julie Parry	12
Phia Swartz	12
Russell Bradbrooke	12
Kimberleigh Jarvis	12
Dieter Wichmann	11
Nick Loots	10
Brianna Jarvis	10
Philip Setzer	10
Valeska Muller	9



Fastest 5KM Overall (Female)	
Elizabeth Maiden	24:15
Gayle McPherson	24:27
Cristina Karas	24:30
Sissy Pieterse	24:32
Debbie O'Leary	24:43
Hettie Kruger	24:55
Joy Tupholme	25:03
Nomhla Mpatze	25:11
Marily Vermeulen	25:23
Nyasha Mutetwa	25:30

Fastest 8KM Overall (Female)	
J Lamberti	40:00
Cristina Karas	40:12
Katlego Morema	40:37
Nivea Sekele	41:37
Debbie O'Leary	42:01
Gayle McPherson	43:13
Sissy Pieterse	43:49
Ashleigh Cramb	43:52
Gabriela Van Rooyen	43:56
Brenda White	45:00



Fastest 5KM Latest (Male)	
Paul Gerrard	18:25
Geordan Harris	18:30
Naeem Williams	20:20
Matthew Hales	20:54
Russell Bradbrooke	25:47
Guy Drew	25:59
Matthew Pantland	28:01
Gabriel Tidy	28:30
Mias Steenberg	28:49
Matthew Brislin	28:58

Fastest 8KM Latest (Male)	
Ross Wilson	39:30
Mike Bodden	41:00
George Karas	41:49
Jason Benci	45:00
Mark de Klerk	46:24
Johann Strumpfer	49:54
Benjamin O'Neil	50:23

Fastest 5KM Overall (Male)	
Devin Vincent	17:45
Daniel Jenner	18:17
Paul Gerrard	18:25
Geordan Harris	18:30
Handsome Siwela	19:25
Barry Maitland-Stuart	19:40
Theo Adams	19:45
Naeem Williams	20:20
Adam Thatcher	20:39
Frikkie Van Eck	20:42

Fastest 8KM Overall (Male)	
Theo Adams	31:41
Paul Gerrard	32:53
Colin Mitchley	34:23
Schalk Greyling	35:38
Matthew Hales	35:55
Ameer Williams	36:01
Naeem Williams	37:00
Ruben Swartz	37:06
Chris Jacobs	37:26
Duncan Riley	38:39

Weather Couditions

19°C