

Time Trial Top 10 Leader Board

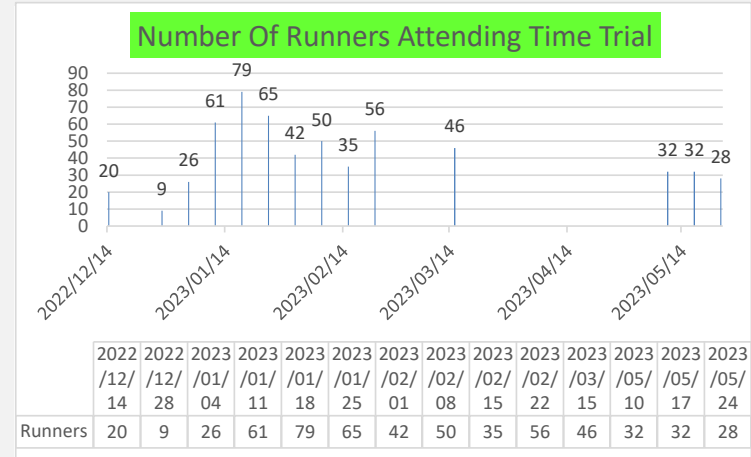
Wednesday, 24 May 2023



Fastest 5KM Latest (Female)	
Jessica Harvey	26:42
Takalani Siqama	29:48
Marka Kaufman	29:50
Shadia Makda	30:20
Janita Wessels	34:25
JP Wessels	34:25
Pearl Adams	35:35
Nadine v d Haar	38:23
Caprice Van Rooyen	39:54
Alice da Silva	39:54

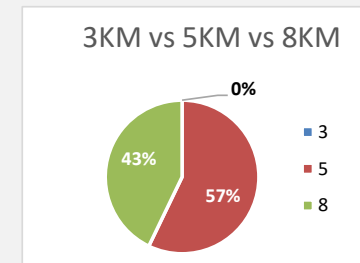
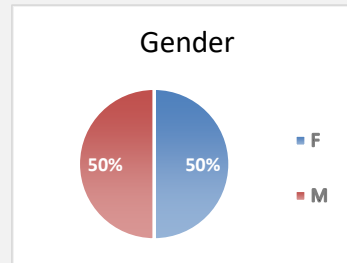
Fastest 8KM Latest (Female)	
Mashudu Wange	49:03
Jonessa De Bruyn	1:04:44

Most Attended	
Fiona Maynard	89
Joy Tupholme	84
Monique Bradbrooke	82
Russell Bradbrooke	79
Gareth Reddell	64
Matthew Pantland	62
Jonessa De Bruyn	59
Jacob Molenaar	59
Sharise Smith	56
Martin Peet	53
Inge Kuhne	49
Dean Jarvis	45
Ferna McKay	42
Estelle Le Roux	40
Sharlene Meeding	40
Kai Kohler	36
Marlon Yusuf	36
Patrick Knowles	34
Cheffley Watt	34
Errol McCauley	33
Theo Adams	32
Kimberleigh Jarvis	32



Fastest 5KM Overall (Female)	
Lungile Mgabi	20:00
Ruth Moore	21:43
Debbie O'Mahony	21:50
Lauren Felton	22:09
Misha Fehem	22:18
Knestus Bartlett	22:20
Annelise Bunce	22:46
Lauren Aharani	22:49
Kristy Bartlett	22:54
Abigail Bodmarchuk	22:54

Fastest 8KM Overall (Female)	
Gantse Makhothg	34:19
Lungile Mgabi	35:45
Lauren Felton	36:00
Claudia McLean	36:13
Inamarie Greyson	37:06
Aurelia Boule	37:30
Elizabeth Viljoen	37:48
Estie Steyn	37:53
Gerda Steyn	37:53
Abigail Bodmarchuk	38:00



Fastest 5KM Latest (Male)	
Hashan Modi	24:00
Ross Wilson	24:55
Larenz Rheinicke	27:14
Patrick Knowles	32:00

Fastest 8KM Latest (Male)	
Name Unknown	38:00
Alexander Finde	38:21
Richard Gird	40:35
Eugene Havenga	44:04
Rabbie Maphakela	45:00
Jonathan Stumfer	45:08
Chris Van Blerk	45:08
Michel Bega	45:53
Richard Yang	47:20
Anthony	48:00

Fastest 5KM Overall (Male)	
Samuel Cornelius	16:47
Madiba Mazibuko	16:52
Daniel Sigasol	16:54
Tinofara Maanganise	17:56
Thamsanga Moyo	17:56
Sthonzile Khumalo	18:22
Matt Ralphs	18:22
Duane Rabie	18:30
Imie Sallie	18:31
Nathan Amos	18:36

Fastest 8KM Overall (Male)	
Leonard Lowole	27:03
Micheal Lowole	27:03
A Muzopomone	27:51
Admire Muzopambwa	27:55
Samuel Cornelius	28:25
Sandele Kikana	29:11
Alexander Finde	29:30
Theo Adams	29:55
Handsome Siwela	30:00
Thamsanga Moyo	30:01

