

Time Trial Leader Board - All Results 5KM

Date **Wednesday, 05 July 2023**



Column Labels

5

Name	Time.	Pace.
Saadia Makda	28:40	00:05:44
Amukelani Hlangwene	29:00	00:05:48
Rabbie Maphakela	30:00	00:06:00
Taskeen Hoosen	30:03	00:06:01
Hettie Kruger	30:45	00:06:09
Patrick Knowles	32:12	00:06:26
Mae Kuhne	34:19	00:06:52
Tinus van Staden	34:27	00:06:53
Martin Peet	34:44	00:06:57
Johan van Tonder	36:03	00:07:13
Zelda Zondagh	36:03	00:07:13
Joe Da Silva	38:00	00:07:36
Tracey Christie	42:00	00:08:24
Ann Burman	48:00	00:09:36
Zandile Ndlangalavu	48:00	00:09:36
Ferna McKay	49:00	00:09:48